

## Alcohol Research Digest – Summer, 2007

Dear Colleagues,

Here is the summer issue of **Alcohol Research Digest**, a resource featuring alcohol-related articles from peer reviewed academic journals and research-oriented reports, newsletters, and resources from a variety of Canadian and international sources. All sources were published within the months of **August and September 2007** and include at minimum, a link to an online abstract. If a link becomes broken, please copy and paste it directly into your web browser.

PLEASE NOTE: Some websites require a free or paid subscription to view resources. Some articles are available on-line for a limited time only.

We hope you will use Alcohol Research Digest to inform your work. Please take a few moments to browse through the titles and read/print those most relevant to you.

Material was selected based on potential relevance and usefulness to program planners, health promoters, policy-makers, researchers, and other active in substance abuse prevention (specifically alcohol) across Ontario.

We encourage you to download any articles you find interesting, in accordance with copyright rules posted on individual sites. If you wish to view an article but encounter an out-of-date link, please contact the source directly, or send a document request to the CAMH Library, <mailto:library@camh.net>, Fax: (416) 595-6601. Please include a full citation with your request. There may be a cost associated with this service.

To view past issues, please visit  
[www.apolnet.ca/resources/pubs/respapers/ResQtlyHome.html](http://www.apolnet.ca/resources/pubs/respapers/ResQtlyHome.html).

The Alcohol Policy Network (APN) is a project of the Ontario Public Health Association, and is funded through the Ministry of Health Promotion. For more information about this Electronic mailing list, or us please visit  
[www.apolnet.ca/AboutUsHome.html](http://www.apolnet.ca/AboutUsHome.html).

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## **Alcohol Research Digest – Summer, 2007**

### 1. ALCOHOL ADVERTISING / PROMOTION / SPONSORSHIP

#### **YOUTH EXPOSURE TO ALCOHOL ADVERTISING ON RADIO, 2006**

Research Summary, The Center on Alcohol Marketing and Youth, September 2007

The Center on Alcohol Marketing and Youth (CAMY) commissioned Virtual Media Resources to analyze the 337,602 alcohol product advertisements placed on stations in 28 of the largest radio markets in the United States in 2006.

<http://camy.org/research/radio0907/>

### 2. IMPAIRED DRIVING / ROAD SAFETY

#### **DRIVERS AGE 21-35 DISPROPORTIONATELY INVOLVED IN DRUNK DRIVING FATAL CRASHES**

Research Summary, Center for Substance Abuse Research (CESAR), September 24, 2007

<http://www.cesar.umd.edu/cesar/cesarfax/vol16/16-38.pdf> (PDF. 1 page)

### 3. DEMOGRAPHIC GROUPS

#### A. YOUTH AND YOUNG ADULTS

#### **YOUNG BINGE DRINKERS FACE DIM FUTURE, RESEARCHERS REPORT**

Research Summary, Join Together, September 6, 2007

Teenagers who binge drink are 60 percent more likely to become alcoholics by the time they reach age 30 than non-bingers, and also are more likely to use illicit drugs and commit crimes.

<http://www.jointogether.org/news/research/summaries/2007/young-binge-drinkers-face-dim.html>

#### **NEW SUMMARY OF SURVEYS SHOWS UNDERAGE DRINKING STARTS BEFORE ADOLESCENCE**

Research Summary, Medical News Daily, September 5, 2007

As schools reopen around the country, a new study finds that parents and teachers should pay attention to alcohol prevention starting as early as fourth grade.

<http://www.medicalnewstoday.com/articles/81214.php>

#### **STUDY SAYS YOUNG DRINKING UNDERESTIMATED**

Research Summary, Join Together, August 31, 2007

About one in 10 4th-graders have had more than a sip of alcohol and 7 percent have had a drink during the past year.

<http://www.jointogether.org/news/research/summaries/2007/study-says-young-drinking.html>

See also: **UNDERAGE-DRINKING STARTS BEFORE ADOLESCENCE**

[http://www.eurekalert.org/pub\\_releases/2007-08/sfpr-uds082707.php](http://www.eurekalert.org/pub_releases/2007-08/sfpr-uds082707.php)

**B. OLDER ADULTS**

Nothing to report

**4. ALCOHOL CONTROLS / LIABILITY**

**POLICE PUSH FOR ONTARIO BEER KEG REGISTRY**

News Release, CBC News, August 30, 2007

The keg parties that accompany the start of the school year could see more uninvited, uniformed guests if Ontario police get their way.

<http://www.cbc.ca/canada/ottawa/story/2007/08/30/ot-keg-070830.html>

**5. HEALTH AND SAFETY**

**A. PREGNANCY / FETAL ALCOHOL SPECTRUM DISORDER (FAS/FASD)**

**FASD FUNDING AWARDED TO B.C. COMMUNITIES**

News Release, CNW Group, September 26, 2007

The Victoria Foundation has awarded funds to 40 projects throughout B.C. from the \$10-million Fetal Alcohol Spectrum Disorder (FASD) Action Fund established by the B.C. Ministry of Children and Family Development in March 2006.

<http://www.newswire.ca/en/releases/archive/September2007/26/c5361.html>

**B. LOW / HIGH RISK DRINKING / HARM REDUCTION**

**ALCOHOL AND CANCER: IS DRINKING THE NEW SMOKING?**

News Release, Science Daily, September 28, 2007

Researchers at the Centre for Addiction and Mental Health (CAMH) have clarified the link between alcohol consumption and the risk of head and neck cancers, showing that people who stop drinking can significantly reduce their cancer risk.

<http://www.sciencedaily.com/releases/2007/09/070926094722.htm>

See also: **ALCOHOL DRINKING CESSATION AND ITS EFFECT ON ESOPHAGEAL AND HEAD AND NECK CANCERS: A POOLED ANALYSIS**

<http://www3.interscience.wiley.com/cgi-bin/abstract/114250868/ABSTRACT>

**DRINKING RAISES RISK OF ENDOMETRIAL CANCER, STUDY SAYS**

Research Summary, Join Together, Sept 18, 2007

Researchers from the Keck School of Medicine at the University of Southern California say that women who have more than two alcoholic drinks daily face twice the risk of endometrial cancer as those who drink moderately or not at all.

<http://www.jointogether.org/news/research/summaries/2007/drinking-raises-risk-of.html>

See also: **HAZARDS: HEAVY DRINKING MAY RAISE RISK OF ENDOMETRIAL CANCER**

[http://www.nytimes.com/2007/09/18/health/18haza.html?\\_r=2&adxnnl=1&oref=slogin&ref=health&adxnnlx=1190117661-fCXnCWJfixuNldaT+GJ5Q&oref=slogin](http://www.nytimes.com/2007/09/18/health/18haza.html?_r=2&adxnnl=1&oref=slogin&ref=health&adxnnlx=1190117661-fCXnCWJfixuNldaT+GJ5Q&oref=slogin)

See also: **ALCOHOL CONSUMPTION AND ENDOMETRIAL CANCER RISK: THE MULTIETHNIC COHORT**

<http://www3.interscience.wiley.com/cgi-bin/abstract/116311064/ABSTRACT?CRETRY=1&SRETRY=0>

**FINE LINE DEFINED BETWEEN HEALTHY, UNHEALTHY DRINKING**

Research Summary, Join Together, September 6, 2007

Moderate drinking may be good for your health, but "sobering statistics warn that moderate daily drinking is a slippery slope that many individuals cannot safely navigate.

<http://www.jointogether.org/news/research/summaries/2007/fine-line-defined-between.html>

See also: **ALCOHOL AND CARDIOVASCULAR HEALTH: THE RAZOR SHARP DOUBLE EDGED SWORD**

<http://content.onlinejacc.org/cgi/content/abstract/50/11/1009>

**STUDY SEES LINK BETWEEN ALCOHOLIC CIRRHOSIS, BRAIN DAMAGE**

Research Summary, Join Together, August 31, 2007

People with alcoholic cirrhosis of the liver suffer more drinking-related brain damage than alcoholics who don't have cirrhosis.

<http://www.jointogether.org/news/research/summaries/2007/study-sees-link-between-1.html>

See also: **ALCOHOLICS WITH CIRRHOSIS OF THE LIVER HAVE MORE BRAIN DAMAGE THAN NONCIRRHOTIC ALCOHOLICS**

<http://www.sciencedaily.com/releases/2007/08/070827161241.htm>

**BINGE DRINKING RISKS INCLUDE POOR DIET**

Research Summary, Join Together, August 29, 2007

A recent study found that male binge drinkers tend to decrease their intake of essential fatty acids as they increase their alcohol consumption, compounding their health risks.

<http://www.jointogether.org/news/research/summaries/2007/binge-drinking-risks-include.html>

See also: **EATING FISH URGED TO COUNTER BINGE-DRINKING EFFECTS ON FATTY ACIDS**

<http://www.medpagetoday.com/PrimaryCare/DietNutrition/tb/6248>

**HEAVY DRINKING RAISES BLOOD PRESSURE, STUDY SAYS**

Research Summary, Join Together, August 28, 2007

Middle-aged men who drink heavily have elevated blood pressure even when they have high levels of "good" cholesterol in their systems.

<http://www.jointogether.org/news/research/summaries/2007/heavy-drinking-raises-blood.html>

See also: **BLOOD HDL CHOLESTEROL LEVELS INFLUENCE ASSOCIATION OF ALCOHOL INTAKE WITH BLOOD PRESSURE IN YOUNG MEN BUT NOT IN MIDDLE-AGED MEN**

<http://www.blackwell-synergy.com/doi/abs/10.1111/j.1530-0277.2007.00459.x>

### **HIV-POSITIVE DRINKERS LESS HEALTHY, STUDY SAYS**

Research Summary, Join Together, August 23, 2007

Heavy drinkers who are infected with the HIV virus and are not receiving antiretroviral therapy (ART) have lower CD4 cell counts than nondrinkers.

<http://www.jointogether.org/news/research/summaries/2007/hiv-positive-drinkers-less.html>

### **RESEARCHERS SAY HEAVY DRINKING MAY CAUSE STROKE**

Research Summary, Join Together, August 21, 2007

Heavy drinkers increase their risk of stroke by up to 22 percent, according to researchers who studied a group of more than 64,000 Chinese men ages 40 and older.

<http://www.jointogether.org/news/research/summaries/2007/researchers-say-heavy.html>

### **PROBLEMS POUR OUT FOR YOUNG MALT LIQUOR USERS**

Research Summary, Join Together, August 1, 2007

Young adults who report drinking malt liquor are more likely to have drinking problems and use marijuana and other illicit drugs.

<http://www.jointogether.org/news/research/summaries/2007/problems-pour-out-for-young.html>

See also: **YOUNG-ADULT MALT LIQUOR DRINKERS: PREDICTION OF ALCOHOL PROBLEMS AND MARIJUANA USE.**

<http://content.apa.org/journals/adb/21/2/138>

## **C. CRIME / VIOLENCE / INJURY PREVENTION**

### **MCGUINITY GOVERNMENT WORKING TO REDUCE INJURY IN ONTARIO**

News Release, Ministry of Health Promotion, August 23, 2007

<http://www.mhp.gov.on.ca/english/news/2007/082307.asp>

[http://www.mhp.gov.on.ca/english/injury\\_prevention/strategy.pdf](http://www.mhp.gov.on.ca/english/injury_prevention/strategy.pdf)

#### D. ADDICTION TREATMENT

##### **HEAVY DRINKING FORCES MOVE TO POOR NEIGHBORHOODS**

Research Summary, Join Together, August 29, 2007

Past studies have asked why poor neighborhoods seem to produce problem drinkers, but new research concludes that heavy drinking often can force a move into disadvantaged areas.

<http://www.jointogether.org/news/research/summaries/2007/heavy-drinking-forces-move-to.html>

See also: **ALCOHOLISM EFFECTS ON SOCIAL MIGRATION AND NEIGHBORHOOD EFFECTS ON ALCOHOLISM OVER THE COURSE OF 12 YEARS**

<http://www.blackwell-synergy.com/doi/abs/10.1111/j.1530-0277.2007.00449.x>

##### **A CROSS-SECTIONAL STUDY OF PERSONALITY TRAITS IN WOMEN PREVIOUSLY TREATED OR UNTREATED FOR ALCOHOL USE DISORDERS**

Anette Östlund, Gunnel Hensing, Annika Jakobsson, Valter Sundh, Fredrik Spak, Substance Abuse Prevention, Treatment, and Policy, August 6, 2007

A better understanding of the relationship between treatment-seeking for alcohol problems and personality traits could give useful insight in factors promoting or hindering treatment for alcohol use disorders (AUD).

<http://www.substanceabusepolicy.com/content/2/1/24/abstract>

#### 6. WORKPLACE

##### **U.K. STUDY SAYS BAR WORKERS AT RISK OF ALCOHOL-RELATED DEATH**

Research Summary, Join Together, August 24, 2007

Alcohol-related deaths are soaring in Great Britain, and bar workers are among the most likely to die.

<http://www.jointogether.org/news/research/summaries/2007/uk-study-says-bar-workers.html>

#### 7. INFLUENCING POLICY

##### **CHANGING THE CULTURE OF ALCOHOL USE IN NOVA SCOTIA**

News Release, Nova Scotia Health Promotion and Protection, August 29, 2007  
*An alcohol strategy to prevent and reduce the burden of alcohol-related harm in Nova Scotia*

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[http://www.gov.ns.ca/hpp/alcohol\\_strategy.html](http://www.gov.ns.ca/hpp/alcohol_strategy.html) (link to PDF, 76 pages)

See also: **RESPONDING TO THE NOVA SCOTIA ALCOHOL STRATEGY: PROVINCIAL INITIATIVES LED BY THE DEPARTMENT OF HEALTH PROMOTION AND PROTECTION**

[http://www.gov.ns.ca/hpp/repPub/HPP\\_Action-Alcohol\\_Strategy.pdf](http://www.gov.ns.ca/hpp/repPub/HPP_Action-Alcohol_Strategy.pdf) (link to PDF, 14pages)

### **WHEN IS A DRUG-RELATED DEATH NOT A DRUG-RELATED DEATH? IMPLICATIONS FOR CURRENT DRUG-RELATED DEATH POLICIES IN THE UK AND EUROPE**

Caryl M Beynon, Mark A Bellis, Elaine Church, Sue Neely, Substance Abuse Treatment, Prevention, and Policy, August 9, 2007

Drug-related death (DRD) figures, published by the national performance management framework, are used to monitor the performance of Drug (and Alcohol) Action Teams (D[A]ATs) in England and Wales with respect to reducing DRDs among drug abusers.

<http://www.substanceabusepolicy.com/content/2/1/25/abstract>

## 8. PRACTITIONER RESOURCES

### **INTERNATIONAL HARM REDUCTION ASSOCIATION**

Announcement, August 2007

2008 Conference Website Launched

<http://www.ihra.net/August2007>

See also: **HARM REDUCTION 2008: IHRA'S 19TH INTERNATIONAL CONFERENCE**

<http://www.ihra.net/Barcelona/Home>

## 9. OTHER

### **GREAT TASTE? NO, MORE FULFILLING**

Research Summary, Join Together, September 13, 2007

New animal research concludes that the appeal of beer has less to do with taste than its alcoholic content and effect on the brain's reward system.

<http://www.jointogether.org/news/research/summaries/2007/great-taste-no-more.html>

### **SUBSTANCE USE AMONG MILITARY PERSONNEL**

Research Summary, Join Together, August 15, 2007

Cigarette smoking and illicit drug use among military personnel has declined significantly, according to a recent analysis of 25 years of data from the Department of Defense Health Related Behavior Survey.

<http://www.jointogether.org/news/research/summaries/2007/substance-use-among-military-1.html>

See also: **CESAR FAX, A WEEKLY, ONE-PAGE OVERVIEW OF TIMELY SUBSTANCE ABUSE TRENDS OR ISSUES**

<http://www.cesar.umd.edu/cesar/cesarfax/vol16/16-32.pdf> (PDF. 1 page)

