

Algoma Public Health (NE)

99 Foster Drive, 6th Floor, Sault Ste. Marie, ON, P6A 5X6

Tel: 705-759-5287 ■ Fax: 705-759-1534

Web Site: www.algomapublichealth.com

Medical Officer of Health: Dr. Allan Northan

INJURY PREVENTION

CONTACTS

- **Susan Kniahnicki**, Public Health Program Director, Algoma Public Health, Tel: 705-541-7126.
Email: skniahnicki@algomapublichealth.com
- **Raija Lappalainen**, PHN Falls Prevention (Adult Team). Tel: 705-541-7140.
Email: rlappalainen@algomapublichealth.com
- **Nancy Cavanagh**, PHN (School Health) Tel: 705-541-7125.
Email: ncavanagh@algomapublichealth.com
- **Leslie Wright** PHN Car (Maternal child Health Team). Tel: 705 942 3103.
Email: lwright@algomapublichealth.com
- **Maddy Kasubeck**, PHN (School Health) Tel: 705-541-7134.
Email: mkasubeck@algomapublichealth.com
- **Sharon Vanderburg**, PHN, (Maternal Child Health Team) Tel: 705-541-7134.
Email: svanderburg@algomapublichealth.com

KEY PROGRAMS/PROJECTS

- *Kidz Summer Festival*
- *Peer Helmet Safety Program*
- *Safe Grad*
- *P.A.R.T.Y.*
- *Risk Watch*
- *Medicine Cabinet Cleanup*
- *Responsible Alcohol Campus*
- *Worksite Wellness*
- *Sault Rising Stars Peers Performances Program*
- *Independent Living*
- *Creating Safer Homes*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Susan Kniahnicki**, Public Health Program Director, Algoma Public Health, Tel: 705-541-7126.
Email: skniahnicki@algomapublichealth.com
- **Maddy Kasubeck**, Ready or Not, Risk Watch, PHN, Tel: 705-541-7134.
Email: mkasubeck@algomapublichealth.com

KEY PROGRAMS/PROJECTS

- Please contact Health Unit directly.



Brant County Health Unit (CW)

194 Terrace Hill Street, Brantford, ON, N3R 1G7

Tel: 519-753-4937 ■ Fax: 519-753-2140

Web Site: www.bchu.org

Medical Officer of Health: Dr. Malcolm Lock

INJURY PREVENTION

CONTACTS

- **Marion McGeein**, Program Manager, ext. 258.
Email: mmcgeein@bchu.org
- **Marija DaCosta**, Motor Vehicle Collision, PHN, ext. 272.
- **Patti O'Brien**, Road and Off Road Safety, PHN, ext. 341.
- **Sonia Martin**, Falls, PHN, ext. 230.

KEY PROGRAMS/PROJECTS

- *Falls Prevention- Resource Guide for Seniors*
- *Car Seat Safety*
- *Let's Share the Road*
- *Children's Safety Village*
- *Playground Safety*
- *School Curriculum*
- *Risk Watch*
- *Home Safety*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Marion McGeein**, Program Manager, ext. 258.
Email: mmcgeein@bchu.org
- **Kathryn Lickley**, PHN, ext. 335.

KEY PROGRAMS/PROJECTS

- *Brant/Brantford Drinking & Driving Countermeasures Committee*
- *Low-Risk Drinking Guidelines*
- *Alcohol Policy for the Workplace*
- *Education to Youth and Children on Substance Misuse Prevention. ACTION; Drug Awareness Week*
- *The Ripple Effect*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.



Chatham-Kent Public Health Unit (SW)

435 Grand Avenue West, P.O. Box 1136, Chatham, ON, N7M 5L8

Tel: 519-352-7270 ■ Fax: 519-352-2166

Web Site: www.chatham-kent.ca

Acting Medical Officer of Health: Dr. David Colbey

INJURY PREVENTION

CONTACTS

- **Cathy Bennett**, Program Manager.
Email: cathybe@chatham-kent.ca
- **Jane Reiha**, Program Manager
Email: janer@chatham-kent.ca

KEY PROGRAMS/PROJECTS

- *Bicycle Helmets (Train-the-trainer)*
- *Falls Prevention*
- *Safetyfest*
- *Car Seat Clinics*
- *Road Safety (RU SAFE CK)*
- *Safe Communities*
- *Pool Safety*
-

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Cathy Bennett**, Program Manager.
Email: cathybe@chatham-kent.ca
- **Jane Reiha**, Program Manager
Email: janer@chatham-kent.ca

KEY PROGRAMS/PROJECTS

- *Drug Awareness Council for Chatham-Kent (DACK)*
- *CK Drug Strategy*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Durham Region Health Department (CE)

Street Address: 605 Rossland Road, E, Level 2, Whitby, ON

Mailing Address: P.O. Box 730, Whitby, ON, L1N 0B2

Tel: 905-668-7711 ■ Toll-free: 1-800-841-2729 ■ Fax: 905-666-6214

Web Site: www.region.durham.on.ca

Commissioner/Medical Officer of Health: Dr. Robert Kyle

INJURY PREVENTION

CONTACTS

- **Angela Cooper Brathwaite**, Program Manager, ext. 3017.
Email: angela_cooper.brathwaite@region.durham.on.ca.
- **Lynne Gray**, Program Facilitator, ext. 3064.

KEY PROGRAMS/PROJECTS

- *"Everybody wear the gear wear a helmet" Campaign*
- *Comprehensive Falls Prevention Program*
- *Communications campaigns*
- *Falls Prevention Week Activities*
- *Fall Prevention in Children*
- *Car Seat Safety Clinics*
- *Aggressive Driving Campaign*
- *Seatbelt Campaign*
- *Street Racing Awareness Campaign for 16-19 years old*
- *Safe Driving Campaign for Mature Older Drivers*
- *Motorcycle campaigns*
- *Recreational Vehicle Safety focusing on boating, snowmobiling, ATVs and Bicycling*
- *Danger Zones Interactive Multimedia Game*
- *Risk Watch activities and Teacher resource manual*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Angela Cooper Brathwaite**, Program Manager, ext. 3017.
Email: angela_cooper.brathwaite@region.durham.on.ca
- **Lynne Gray**, Program Facilitator, ext. 3064.

KEY PROGRAMS/PROJECTS

- *Safer Bars Training*
- *Managing aggression in licensed establishments*
- *Alcohol Liability Workshop on commercial host liability*
- *Policy Development*
- *House Policy*
- *Sports and Alcohol*
- *Advice from First Responders*
- *Emergency planning and crisis prevention Reducing Your Risk*
- *Newsletter*
- *It's a Tough Job*
- *Raise Your Glass Responsibly Valentine's/St Patrick's Event*
- *Low Risk Drinking Guidelines*
- *Celebrate Summer- Safely*
- *Safe & Sober Driving campaigns*
- *Prescription Medications*
- *Celebrate in the Right Spirit Festive Campaign*
- *Safe Prom*
- *Drug Awareness Week Campaigns*
- *The Ultimate Mix*
- *Racing Against Drugs Durham and Clarington*
- *Durham Youth Drug Awareness Committee*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Eastern Ontario Health Unit (E)

1000 Pitt Street, Cornwall, ON, K6J 5T1

Tel: 613-933-1375 ■ Fax: 613-933-7930

Web Site: www.eohu.ca

Medical Officer of Health: Dr. Paul Roumeliotis

INJURY PREVENTION

CONTACTS

- **Michel Blanchard**, Program Coordinator, Tel: 613-525-1112, Fax: 613-525-2603. Email: mblanchard@eohu.ca
- **Danny Lafrance**, Health Promoter, Tel: 613-764-2841, Fax: 613-764-0264. Email: dlafrance@eohu.ca
- **Adrienne Wallace**, Health Promoter, Tel: 613-774-2739, Fax: 613-774-4079. Email: awallace@eohu.ca
- **Nikolas Hotte**, Health Promoter, Tel: 613-446-1400, Fax: 613-446-1454. Email: nhotte@eohu.ca
- **Sandra Deschamps**, Health Promoter, Tel: 613-933-1375, Fax: 613-933-7930. Email: sacarriere@eohu.ca
- **Sylvie Beaupré**, PHN, Tel: 613-525-1112, Fax: 613-525-2603. Email: slajoie@eohu.ca
- **Veronique G. Berthiaume**, Health Promoter, Tel: 613-632-4355, Fax: 613-632-4171. Email: vgberthiaume@eohu.ca

KEY PROGRAMS/PROJECTS

- *Safety on wheels (bicycle, scooter, skate board, in-line skating and helmet fitting)*
- *Road safety, Car seat safety*
- *Active member of the Eastern Ontario Car Seat Coalition*
- *Fall prevention*
- *It's O.K. to be Different (Education program on bullying prevention targeting grade 1)*
- *Fall prevention of children age 0 to 6*
- *Prevention of scalds and burns*
- *Drowning prevention*
- *Safe Kids Week*
- *Water safety*
- *Active member of the Eastern Region Injury Network (ERIN)*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Michel Blanchard**, Program Coordinator, Tel: 613-525-1112, Fax: 613-525-2603. Email: mblanchard@eohu.ca
- **Danny Lafrance**, Health Promoter, Tel: 613-764-2841, Fax: 613-764-0264. Email: dlafrance@eohu.ca
- **Adrienne Wallace**, Health Promoter, Tel: 613-774-2739, Fax: 613-774-4079. Email: awallace@eohu.ca
- **Nikolas Hotte**, Health Promoter, Tel: 613-446-1400, Fax: 613-446-1454. Email: nhotte@eohu.ca
- **Sandra Deschamps**, Health Promoter, Tel: 613-933-1375, Fax: 613-933-7930. Email: sacarriere@eohu.ca
- **Sylvie Beaupré**, PHN, Tel: 613-525-1112, Fax: 613-525-2603. Email: slajoie@eohu.ca
- **Veronique G. Berthiaume**, Health Promoter, Tel: 613-632-4355, Fax: 613-632-4171. Email: vgberthiaume@eohu.ca

KEY PROGRAMS/PROJECTS

- *Municipal Alcohol Policy*
- *Smart Serve*
- *Drinking and driving: Ontario Students Against Impaired Driving*
- *Snakes and Ladders (game on alcohol prevention for grade 5)*
- *Drug Awareness Week, Youth Drug Prevention Workshops*
- *Racing Against Drugs (grade 6); Say Nope to Dope (grade 7); Acting Against Drugs (grade 8)*
- *The short term and long term effects of marijuana and other drugs Beginning Awareness Basic Education Studies (B.A.B.E.S.)*
- *Safe Grad*
- *Active member of the Eastern Ontario Substance Misuse Prevention Partnership (EOSAPP).*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Elgin-St. Thomas Public Health (SW)

99 Edward Street, St. Thomas, ON, N5P 1Y8

Tel: 519-631-9900 ■ Fax: 519-633-0468

Web Site: www.elginhealth.on.ca

Acting Medical Officer of Health: Dr. Frank Warsh

INJURY PREVENTION

CONTACTS

- **Carolyn Kuntz**, Manager, ext 229.
E-mail: ckuntz@elginhealth.on.ca
- **Kathy Nesbitt**, Falls Prevention, ext. 254.
Email: knesbitt@elginhealth.on.ca
- **Caitlin Cummins**, Bicycle safety, child passenger restraints, general safety information, ext. 234.
Email: cummins@elginhealth.on.ca

KEY PROGRAMS/PROJECTS

Road and Off Road:

- *"Wear the Gear" Bike Helmet Campaign & signs*
- *Bike Safety Display, Activity Booklets, Brochures, Magnets*
- *R-SAFES (Road Safety Awareness for Elgin-St. Thomas) initiatives*
- *Car seat safety clinics*
- *Car seat literature throughout the stages*
- *Risk Watch*
- *Safe Kids Week*
- *"Not By Accident" SW Region Annual Injury Prevention Conference*
- *Collaborative SW regional program*
- *Safety Never Hurts display*
- *Home safety information*
- *Children's products safety information*
- *Focused Driving Campaign*
- *"Give the Gift of Safety" brochure and Display*
- *Campaigns re: new legislation*

Falls Prevention:

- *"You Can Prevent Falls" display and flipchart*
- *"Thumbs Up" (safety/accessibility checks)*
- *Falls prevention seminars scheduled each year for the community*
- *Elgin Safety Team for Adults plans initiatives*
- *Aging with Vitality series*
- *Falls risk assessments – common tool*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Kristie Jones**, Substance Misuse Prevention and Road Safety, ext. 253. Email: kjones@elginhealth.on.ca

KEY PROGRAMS/PROJECTS

- *Workplace Substance Misuse and Problematic Gambling Coalition*
- *Elgin County Drug Awareness Committee*
- *IMPACT (Impaired Minds Produce Actions Causing Trauma)*
- *SafeGrad Program & website (www.safegrad.com) – workshop for secondary school students*
- *Racing Against Drugs & Youth Against Drugs – program for grade 5 students.*
- *Education on alcohol & pregnancy*
- *Alcohol liability education and community workshops*
- *Municipal Alcohol Policy consultations*
- *Safer Bars Program*
- *Parent Presentations*
- *Opioid Misuse campaign for parents, grandparents & caregivers*
- *Medication Clean Out campaign*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Grey Bruce Health Unit (SW)

101 17th Street East, Owen Sound, ON N4K 0A5

Tel: 519-376-9420 ■ Fax: 519-376-0605

Web Site: www.publichealthgreybruce.on.ca

Medical Officer of Health: Dr. Hazel Lynn

INJURY PREVENTION

CONTACTS

- **Denna Leach**, Program Manager (Youth Initiatives)
Tel: 519-376-9420, Fax: 519-376-0042.
Email: dleach@publichealthgreybruce.on.ca
- **Linda Bumstead**, Manager, Injury Prevention (Chronic Disease), Tel: 519-376-9420, Fax: 519-376-0042.
Email: lbumstead@publichealthgreybruce.on.ca
- **Sarah Ellis**, Program Manager (Family Health), Tel: 376-9420, Fax: 519-376-0042.
Email: srennick@publichealthgreybruce.on.ca

KEY PROGRAMS/PROJECTS

- *"Stay on Your Feet"*
- *Theatre troupes*
- *Exercise groups*
- *Media campaigns*
- *Print resources*
- *Annual Teas*
- *DVD production and Community Coalition for Prevention of Falls in Older Adults*
- *Car Seat Clinics*
- *55 Alive: A safe driving program for seniors*
- *Operation Lookout*
- *MADD Red Ribbon Campaign*
- *Obstacle Course Challenge for teens*
- *I Drive Program for teens*
- *Motor Vehicle Collision Strategy for 2008*
- *"No More Accidents! Call it what it is...injury, collision incident, crash" campaign*
- *Designation of Safe Communities Foundation*
- *40 Developmental Assets for youth*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Denna Leach**, Program Manager, Tel: 519-376-9420. Fax: 519-376-0042.
Email: dleach@publichealthgreybruce.on.ca
- **Marie Barclay**, FOCUS Coordinator, Tel: 519-376-9420. Fax: 519-376-0042.
Email: mbarclay@publichealthgreybruce.on.ca

KEY PROGRAMS/PROJECTS

- *Grey Bruce Parent Norms Study*
- *Media campaigns re: Fake ID*
- *Ultimate Party Pact*
- *Host liability*
- *Role modeling*
- *Alcohol and Other Drug Kits*
- *Low Risk Drinking video & presentation*
- *Workplace and Safer Bar policies*
- *Straight Talk about Illicit Drug Use*
- *Workshops for professionals and parents*
- *Youth Media Campaign of Ontario*
- *Reduction in Injuries from Alcohol and Other Drug Use Coalitions*
- *Drug Awareness Week activities*
- *P.A.R.T.Y. Program*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

For FOCUS Community Projects, please contact the FOCUS Coordinator directly.

Haldimand-Norfolk Health Unit (CW)

12 Gilbertson Drive, P.O. Box 247, Simcoe, ON, N3Y 4L1

Tel: 519-426-6170 ■ Fax: 519-426-9974

Web Site: www.hnhu.org

Acting Medical Officer of Health: Dr. Malcolm Lock

INJURY PREVENTION

CONTACTS

- **Joanne Alessi**, Injury Prevention Coordinator, Tel: 905-318-5367, ext. 322, Fax: 905-765-8905.
Email: joanne.alessi@hnhu.org
- **Jill Steen**, Program Coordinator, Population Health, Tel: 519-426-6170, ext 3238.
Email: jill.steen@hnhu.org
- **Karin Marks**, Health Promoter, Child Injury Prevention, Tel: 519-426-6170 ext. 3273 Fax 519-426-9974.
Email: karin.marks@hnhu.org

KEY PROGRAMS/PROJECTS

- *Bike safety course*
- *Risk Watch Resource for schools; safety days*
- *Bike Rodeo*
- *Are You in Jeopardy?*
- *Knowledge is the Best Medicine*
- *Stepping Out Safely*
- *Community Safety Audits*
- *Advocacy Kit*
- *Falls Prevention Display*
- *"Breakthrough" in association with the Osteoporosis Society of Canada – an osteoporosis prevention presentation, brochure, resources, on bone mineral density tests, nutrition, and Falls Prevention*
- *CHAT (Communities and Hospitals Against Trauma)*
- *Seatbelt Surveys*
- *Car Seat Clinics*
- *Water Safety*
- *Summer Safety*
- *Playground Safety*
- *Hazard House; Safety House*
- *Fire Prevention; Fire Starter Program; Fire Prevention Week*
- *Operation Lookout*
- *Seniors Falls Prevention Marketing Campaign (women 55-65 years)*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Michelle Pasichnyk**, Health Promoter, Substance Misuse Prevention, Tel: 519-426-6170 ext. 3274, Fax: 519-426-9974.
Email: michelle.pasichnyk@hnhu.org
- **Jill Steen**, Program Coordinator, Population Health, Tel: 519-426-6170, ext 3238.
Email: jill.steen@hnhu.org

KEY PROGRAMS/PROJECTS

- *Municipal Alcohol Policy*
- *Low Risk Drinking Guidelines*
- *Fetal Alcohol Spectrum Disorder Advocacy Committee*
- *Drinking/Driving Task Force*
- *Operation Lookout*
- *Think of Me Campaign*
- *Last Drink Campaign*
- *Ontario Students Against Impaired Driving (O.S.A.I.D.)*
- *Drug Awareness Week Coalition*
- *High school activities: Safe Grad*
- *Ripple Effect Documentary on Alcohol, Drugs and Youth ACTION*
- *Ready or Not Parenting Program*
- *Contribution to various newsletters*
- *Student health survey*
- *Interactive educational displays*
- *Print and video resources*
- *Substance Misuse curriculum support and consultation*
- *Why Drive High*
- *Choose Your Ride*
- *All Youth Maller Committee*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Haliburton, Kawartha, Pine Ridge District Health Unit (CE)

200 Rose Glen Road, Port Hope, ON, L1A 3V6

Tel: 905-885-9100 ■ Toll Free: 1-866-888-4577 ■ Fax: 905-885-9551

Web Site: www.hkpr.on.ca

Medical Officer of Health: Dr. Lynn Noseworthy

INJURY PREVENTION

CONTACTS

- **Leslie Orpana**, Director, Chronic Disease & Injury Prevention (CD IP), Tel: 905-885-9100 ext. 221, Fax: 905-885-9551
- **Hallie Atter**, Manager, Injury Prevention & Substance Misuse Prevention, Tel: 705-324-3569 ext. 240, Fax: 705-324-0455.
- **Marjorie Oke**, IP/SAP Program Co-ordinator
Tel: 705-653-1550, ext. 230, Fax: 705-653-3114.

KEY PROGRAMS/PROJECTS

- *Helmet use promotion and fitting*
- *Articles for educators*
- *Home Safety Checklists and Resources for Older Adults*
- *Participation in fall prevention coalitions*
- *No Falls Fashion Shows*
- *CRS Technician Training*
- *Car seat inspections/clinics*
- *ATV Safety*
- *Tom Project*
- *Risk Watch*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Leslie Orpana**, Director, Chronic Disease & Injury Prevention (CD IP), Tel: 905-885-9100 ext. 221, Fax: 905-885-9551
- **Hallie Atter**, Manager, Injury Prevention & Substance Misuse Prevention, Tel: 705-324-3569 ext. 240, Fax: 705-324-0455.
- **Marjorie Oke**, IP/SAP Program Co-ordinator
Tel: 705-653-1550, ext. 230, Fax: 705-653-3114.

KEY PROGRAMS/PROJECTS

- *Impaired Driving*
- *Workplace development*
- *Workplace Peer Support Strategies*
- *PITRS*
- *Community Coalitions*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Halton Region Health Department (CW)

1151 Bronte Road, Oakville, ON, L6M 3L1

Tel: 905-825-6000 ■ Toll-free: 1-866-442-5866 ■ Fax: 905-825-8588

Web Site: www.halton.ca

Medical Officer of Health: Dr. Robert Nosal

INJURY PREVENTION

CONTACTS

- **Ellen Pezzetta**, Manager of Youth Health Program ext. 2974
- **Lynne Hanna**, Manager of Children's Health ext. 2555
- **Carol Di Bon**, Supervisor of Baby & Parent Health/Healthy Babies Healthy Children ext. 2951
- **Gisele Franck**, Manager of Older Adults Program ext. 7834
- **Christine Barber**, Manager, Emergency Medical Services, ext. 7045

KEY PROGRAMS/PROJECTS

For Infants and/or Children:

- *Home Safety*
- *Car Seat Safety*
- *Bicycle Safety*
- *Pedestrian Safety*
- *Home Alone Safety (Home Alone Readiness Assessment Workshops for parents and their 10-14 year old children)*

For Youth:

- *Youthnet: Mental Health Prevention/Suicide Prevention*
- *Road Safety*
- *Drinking and Driving*
- *Safer Party Messages*
- *Youth engagement strategies (multi-risk reduction, asset building approach)*

For Seniors:

- *Falls Prevention Program (Home visiting to at-risk seniors) and Campaigns*
- *Suicide Prevention Coalition*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Ellen Pezzetta**, Manager of Youth Health Program, ext. 2974
- **Lynne Hanna**, Manager of Children's Health Program ext. 2555
- **Gisele Franck**, Manager of Older Adults Program ext. 7834

KEY PROGRAMS/PROJECTS

For Children:

- *Contract for Kids – Tobacco Prevention Program*
- *Triple P – Positive Parenting Program (individual, telephone, small groups and seminars)*
- *Motive-8 – in-school substance misuse prevention program*
- *Elementary School Liaison (resource to students, parents and staff)*

For Youth:

- *High School Liaison, (resource to students, parents and staff)*
- *Triple P Positive Parenting Program*
- *Transition to High School, Parenting Supports*
- *Safer Party Messages*
- *Tobacco Action Grant Activities*
- *Youth engagement strategies (multi-risk reduction, asset building approach)*

For Seniors:

- **SMART – Seniors Medication and Alcohol Resource Team**
- *Safe Medication Use*
- *Alcohol and Seniors*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

Hamilton Public Health Services (CW)

77 James St. North, Hamilton, ON, L8R 2K3

Tel: 905-546-2424 ■ Fax: 905-546-3658

Web Site: www.hamilton.ca/publichealth

Medical Officer of Health: Dr. Elizabeth Richardson

INJURY PREVENTION

CONTACTS

For children 0-6 years:

- **Sally Coulas**, Manager, Family Health Division, Healthy Parenting, Ext. 7324. Email: Sally.Coulas@hamilton.ca
- **Georgianne MacGregor-Fox**, Family Health Division, Injury Prevention, Ext. 2328. Email: Georgianne.Macgregor@hamilton.ca

For youth and adults:

- **Vacant**, Manager, Injury Prevention Program, For information, contact Rita Aker, Program Secretary, ext. 3162. Email: Rita.Aker@hamilton.ca
- **Kate Brisley**, Injury Prevention, Off-Road/Falls, Ext. 3762. Email: Kate.Brisley@hamilton.ca
- **Jacqui Candlish**, Suicide and Violence Prevention, Ext. 3612. Email: Jacqui.Candlish@hamilton.ca
- **Sue Connell**, Injury Prevention, Ext. 5255. Email: Sue.Connell@hamilton.ca
- **Corinne Filer**, Bullying Prevention, Ext. 7072. Email: Corinne.Filer@hamilton.ca
- **Lorraine Grypstra**, Youth Net Hamilton, Ext. 7117. Email: lorraine.grypstra@hamilton.ca
- **Caroline Janisch**, Youth advisor, Youth Net Hamilton, ext. 7094. Email: Caroline.Janisch@hamilton.ca
- **Colleen Stahlbrand**, Falls/Injury Prevention in Older Adults, Ext 3758. Email: Colleen.Stahlbrand@hamilton.ca

KEY PROGRAMS/PROJECTS

- *Bike & Pedestrian Safety Teacher Resource Kits*
- *Active & Safe Routes to School; Safe transportation all ages*
- *Bully-prevention and Youth support*
- *Road Safety; Car seat Safety*
- *Think First Presentation-Grades 6-8*
- *Suicide Prevention- Conference, Awareness resources and Training*
- *Falls Prevention; My turn, My time, My plan*
- *Injury Prevention Web content for Professionals and Service Providers and Older Adults*
- *Promotion of Canadian Falls Prevention Curriculum*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

For youth and adults:

- **Vacant**, Manager, Injury Prevention Program, For information, contact Rita Aker, Program Secretary, ext. 3162. Email: Rita.Aker@hamilton.ca
- **Corry Curtis**, Impaired Driving, Ext. 2058. Email: Corry.Curtis@hamilton.ca
- **Vanessa Trumpickas**, Substance Misuse Prevention-Adult, ext. 3073. Email: vanessa.trumpickas@hamilton.ca

KEY PROGRAMS/PROJECTS

- *Municipal Alcohol Policy review and revision*
- *Safer Bars Workgroup*
- *Information and support for Post-Secondary Schools*
- *Hamilton Drug & Alcohol Awareness Committee*
- *Workplace health resources and policy development information*
- *Impaired driving prevention*
- *Party in the Right Spirit*
- *For the Record-video presentation on alcohol poisoning*
- *Party Rules Program*
- *The Truth about Drinking: Video and Discussion*
- *The Drug Alert Game*
- *THINK "Know the Facts" Game*
- *The Truth about Drugs: video and scenarios*
- *Not Ready to Go: Video and Discussion*
- *Get High on Life, Not Drugs*
- *School policy consultations and teacher training*
- *Parent presentation and display "My Kids Don't Use Drugs"*
- *Hamilton Student Drug Use & Health Survey*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

Hastings and Prince Edward Counties Health Unit (E)

179 North Park Street, Belleville, ON, K8P 4P1

Tel: 613-966-5500 ■ Fax: 613-966-9418

Web Site: www.hpechu.on.ca

Medical Officer of Health: Dr. R. Schabas

INJURY PREVENTION

CONTACTS

- **Roberto Almeida**, Manager, Tel: 613-966-5513, ext.346.
Email: ralmeida@hpechu.on.ca
- **Carol Goodall**, Falls in Older Adults, ext. 238.
Email: cgoodall@hpechu.on.ca
- **Kerri Jianopoulos**, Vehicle Collisions/Road Safety, ext. 229.
Email: kjianopoulos@hpechu.on.ca
- **Shelly Brown**, Falls Across the Lifespan, PHN, ext. 336.
Email: sbrown@hpechu.on.ca

KEY PROGRAMS/PROJECTS

- *Prevent a Fall, Protect your way of life*
- *Home Safety Checklist*
- *Falls Prevention Toolkit for Personal Support Workers*
- *How to Get up From a Fall*
- *Prevention Strategy for Long Term Care Facilities*
- *Road/Off-Road Safety Coalition*
- *Sports helmet use, promotion and policy development*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Roberto Almeida**, Manager, ext. 346.
Email: ralmeida@hpechu.on.ca
- **Jean Terhaar**, Substance Misuse, ext. 311.
Email: jterhaar@hpechu.on.ca

KEY PROGRAMS/PROJECTS

- *Teacher Resource kits for grades 7-10*
- *Mini fairs for grades 7 & 8*
- *Responsible drinking campaign/ LRDG Promotion*
- *Workplace Alcohol Policy development*
- *Municipal Alcohol Policy development*

RECENT/UPCOMING INITIATIVES

Please contact Health Department directly.

Huron County Health Unit (SW)

Huron Health & Library Complex, R.R. # 5, 77722B London Road, Clinton, ON, N0M 1L0

Tel: 519-482-3416 ■ Fax: 519-482-7820

Web Site: www.huroncounty.ca/healthunit

Acting Medical Officer of Health: Dr. Graham Pollett

INJURY PREVENTION

CONTACTS

- **Sherri Bezaire**, Public Health Manager, ext. 2252.
Email: sbezaire@huroncounty.ca
- **Josee Cayer**, Public Health Nurse, Infant/Child Car Seat Safety, ext. 2270
Email: jcayer@huroncounty.ca
- **Theresa Wammes-Glavin**, Public Health Nurse, Injury Prevention for Children 0-6, ext. 2226
Email: twglavin@huroncounty.ca
- **Lyndsay Snowe**, Public Health Promoter, ext. 2556.
Email: lsnowe@huroncounty.ca

KEY PROGRAMS/PROJECTS

- *Bicycle Safety*
- *Seniors Health fairs*
- *Senior month activities*
- *Early Years Child Care Centres*
- *Coalition of Huron Injury Prevention partnership of health unit, OPP, MTO, all nine municipalities, County of Huron, Community Policing Team and OMAFRA*
- *Car Seat Safety*
- *Safe Kids Week*
- *Garage Sale Safety Kits*
- *Caring for Kids workshop*
- *Home Safety*
- *Safe Grad Fashion show and Tradeshow*
- *Not By Accident Southwest Region Annual Injury Prevention Conferences*
- *Health Information for Parents (HIP) newsletter*
- *Falls across the lifespan*
- *"In Motion" inactive adults programming*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Sherri Bezaire**, Public Health Manager, Ext. 2252.
Email: sbezaire@huroncounty.ca
- **Anne Haley**, Public Health Nurse, Ext. 2266, Email: ahaley@huroncounty.ca

KEY PROGRAMS/PROJECTS

- *Municipal Alcohol Policy*
- *OSAID/Formal Committees*
- *Promotion through workshops and resources*
- *SPARK: Youth-led health promotion website for Huron youth, www.youthspark.ca*
- *Fetal Alcohol Awareness Day*
- *Drug Awareness Week.*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Kingston, Frontenac, and Lennox & Addington (KFL&A) Public Health (E)

221 Portsmouth Avenue, Kingston, ON, K7M 1V5

Tel: 613-549-1232 ■ Toll-free: 1-800-267-7875 ■ Fax: 613-549-7896

Web Site: www.kflapublichealth.ca

Medical Officer of Health: Dr. Ian Gemmill

INJURY PREVENTION

CONTACTS

- **Janine Monahan**, Manager of School Health, Chronic Disease, and Injury Prevention, ext. 1151.
Email: jmonahan@kflapublichealth.ca
- **Kimberley Shaw**, Manager, Adult Health, ext. 1558.
Email: kshaw@kflapublichealth.ca
- **Cathy Edwards**, PHN, Safe and Sober Community Alliance, ext. 1508. Email: cedwards@kflapublichealth.ca
- **Tanya Beattie**, Public Health Promoter, Safe and Sober Community Alliance, ext. 1293.
Email: tbeattie@kflapublichealth.ca
- **Lynn MacKinder**, PHN, School Health, Drive for Life, ext. 1271. Email: lmackinder@kflapublichealth.ca
- **Heather Quance**, PHN, School Health, Bicycle Safety, ext. 1111. Email: hquance@kflapublichealth.ca
- **Rhonda Lovell**, PHN, Stay on your feet, ext. 1181.
Email: rl Lovell@kflapublichealth.ca
- **Casey Walters-Grey**, PHN (Child Safety), ext. 1530.
Email cwalters-grey@kflapublichealth.ca

KEY PROGRAMS/PROJECTS

- *Bike Right School Initiative*
- *Kingston and Area Falls Prevention Coalition*
- *Self-help resource guide for seniors*
- *Safe and Sober Community Alliance Projects Including: Enhanced RIDE Program; Safe Holiday Campaigns; Safe Summer Campaigns; Safe Boating Week; Operation Lookout, Car Seat Safety*
- *KFLA Falls Prevention Ambassador; Volunteer training program*
- *Early Years Injury Prevention Project, Child Injury Prevention: 123 Injury Free*
- *Home safety campaigns*
- *Stay On Your Feet Project (10 week education series)*
- *Drive for Life Secondary School Program*
- *Smoke alarm program*
- *"I Didn't Know" – ATV/Snowmobile Safety*

RECENT/UPCOMING INITIATIVES
Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Janine Monahan**, Manager of School Health, Chronic Disease, and Injury Prevention, ext. 1151.
Email: jmonahan@kflapublichealth.ca
- **Kimberley Shaw**, Manager, Adult Health, ext. 1558.
Email: kshaw@kflapublichealth.ca
- **Cathy Edwards**, PHN, Safe and Sober Community Alliance.
Email: cedwards@kflapublichealth.ca
- **Tanya Beattie**, Public Health Promoter, Safe and Sober Community Alliance, ext. 1293.
Email: tbeattie@kflapublichealth.ca
- **Lynn MacKinder**, PHN, School Health, Drive for Life, ext.1271.
Email: lmackinder@kflapublichealth.ca

KEY PROGRAMS/PROJECTS

- *Low Risk Drinking Guidelines*
- *Health Professionals Screening Tool for Alcohol Use*
- *Alcohol & Chronic Disease Campaign*
- *Municipal Alcohol Policy*
- *Bar Policy workshops*
- *Post Secondary campaign with Queen's University*
- *Royal Military College, St. Lawrence College*
- *Every Drink is a Choice Campaign*
- *FASD Network*
- *Drive for life Secondary School program*
- *Greater Kingston Area Safe & Sober Community Alliance (FOCUS Community).*
- *Truth Uncensored, Secondary School Program*
- *Student/peer leadership conference*
- *Racing Against Drugs/Steer Clear of Drugs*
- *Workplace Wellness – Promotion of low risk drinking guidelines in workplaces*
- *Where's the Party?*
- *Smart Party Planning*
- *MADD Multimedia Shows*
- *Check Your Drinking online assessment tool*

RECENT/UPCOMING INITIATIVES
Please contact Health Unit directly.



County of Lambton (SW) Community Health Services Department

160 Exmouth Street, Point Edward, ON, N7T 7Z6

Tel: 519-383-8331 ■ Toll-free: 1-800-667-1839 ■ Fax: 519-383-7092

Web Site: www.lambtonhealth.on.ca

Acting Medical Officer of Health: Dr. Christopher Greensmith

INJURY PREVENTION

CONTACTS

- **Kevin Churchill**, Manager, EXT. 524.
Email: kevin.churchill@county-lambton.on.ca
- **Kathy Braet**, Supervisor, Health Promotion and Program Support, Tel: 519-344-2062 ext. 2012, Toll-free: 1-800-387-2882, Fax: 519-344-2025.
Email: kathy.braet@county-lambton.on.ca
- **Christine Preece**, Health Promotion Officer, Health Promotion and Program Support, Tel: 519-344-2062 ext. 2119, Toll-free: 1-800-387-2882, Fax: 519-344-2025.
E-mail: christine.preece@county-lambton.on.ca
- **Marnie Garrett**, PHN, Health Promotion and Program Support, Tel: 519-344-2062 ext. 2318, Toll-free: 1-800-387-2882, Fax: 519-344-2025.
Email: marnie.garrett@county-lambton.on.ca

KEY PROGRAMS/PROJECTS

- *Skills and Safety Instruction - Program addresses helmets, bike handling skills, and maintenance*
- *Medication Clean Out Campaign*
- *Neighbourhood Exercise Program*
- *Sneaker Sunday*
- *Prevent a Fall Protect Your Way of Life Campaign*
- *Annual Car Seat Safety Clinics*
- *Seat Belt Challenge*
- *Road Safety Challenge*
- *Safe Kids Week*
- *Lambton Safe Community Council*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Kevin Churchill**, Manager, EXT. 524.
Email: kevin.churchill@county-lambton.on.ca
- **Kathy Braet**, Supervisor, Health Promotion and Program Support, Tel: 519-344-2062 ext. 2012, Toll-free: 1-800-387-2882, Fax: 519-344-2025.
Email: kathy.braet@county-lambton.on.ca
- **Terry Easterby**, Health Promotion Officer, Health Promotion and Program Support, Tel: 519 383-8331 ext. 3537, Toll-free 1-800-667-1839, Fax 519 383-7092.
Email: terry.easterby@county-lambton.on.ca

KEY PROGRAMS/PROJECTS

- *Working with municipalities and sporting facilities on policy development*
- *Smart Serve Training*
- *Lambton Drug Awareness Action Committee*
- *Partner in communications campaign to address dangerous drinking by youth in Ontario*
- *National Drug Awareness Week activities*
- *Partner with student wellness councils to raise awareness about hazards of substance misuse*
- *Racing Against Drugs: (grade 5)*
- *Family New Year's Eve Celebration*
- *Presentations by request*
- *Setting the Stage for Prevention: Substance Use and Misuse*
- *Purple Ribbon Campaign citing crashes involving impaired drivers before long weekend in May*
- *Evening awareness series for community on crystal meth*
- *Development of family substance use policy for elementary school students*
- *Drugs and sports*
- *Visor card development citing costs of impaired driving*
- *Promotion of Low-Risk Drinking Guidelines*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Leeds, Grenville & Lanark District Health Unit (E)

458 Laurier Boulevard, Brockville, ON, K6V 7A3

Tel: 613-345-5685 ■ Fax: 613-345-2879

Web Site: www.healthunit.org

Medical Officer of Health: Dr. Anne Carter

INJURY PREVENTION

CONTACTS

- **Tawnya Boileau**, Public Health Nurse, Tel: 613-345-5685. Fax: 613-345-2879.
Email: tawnyaboileau@healthunit.org
- **Lois Dewey**, Public Health Nurse, Falls in Adults, Tel: 613-283-1679.
Email: loisdewey@healthunit.org

KEY PROGRAMS/PROJECTS

- *Bike helmet checks*
- *Seniors presentation*
- *Seniors Fair/Workshop*
- *Clean out medicine cabinet campaign*
- *Road Safety Challenge in participating communities*
- *Car Seat Clinics*
- *Booster Seat Campaign*
- *Riskwatch in all schools*
- *Member of Eastern Region Injury Network*
- *Safe Kids Week*
- *Injury Summer Student Project*
- *Disseminate Child Safety Products to new parents*
- *Pool Safety Campaign*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Lucia Taggart**, Smiths Falls FOCUS Coordinator, Tel: 613-283-2740. Fax: 613-283-1679.
Email: lucia.taggart@healthunit.org

KEY PROGRAMS/PROJECTS

- *Road Safety Challenge in participating communities*
- *Party Survival (grade 11)*
- *Drug Awareness Week*
- *Racing Against Drugs (grades 4 -6)*
- *FOCUS Community Coalition*
- *Safe Communities Coalition*
- *Member of the Eastern Ontario Substance Misuse Prevention Partnership*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Middlesex-London Health Unit (SW)

50 King Street, London, ON, N6A 5L7
Tel: 519-663-5317 ■ Fax: 519-663-9276

Web Site: www.healthunit.com

Medical Officer of Health: Dr. Graham Pollett

INJURY PREVENTION

CONTACTS

- **Mary Lou Albanese**, Manager
Email: MaryLou.Albanese@mlhu.on.ca
- **Lynn Prentice**, Family Health Services, Child Passenger Safety, ext. 2341.
- **Berthe Streef**, Injury Prevention, ext. 2413.
Email: berthe.streef@mlhu.on.ca
- **Amy Mak**, Falls Prevention, ext. 2375.
Email: amy.mak@mlhu.on.ca
- **Joyce Castanza**, Road Safety, Helmet Promotion, Cycling Safety, ext. 2672.
Email: joyce.castanza@mlhu.ca
- **Jan Tomlinson**, Child Safety 0-6 years, ext. 2278.
Email: jan.tomlinson@mlhu.on.ca

KEY PROGRAMS/PROJECTS

- *Road Safety Committee "No More Accidents"*
- *Helmet Safety*
- *Cycling Safety*
- *Stepping Out Safely*
- *Risk Watch*
- *Farm Safety*
- *Early Childhood Development Injury Prevention Initiatives.*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Melissa Rennison**, Substance Misuse Prevention, ext. 2252.
Email: melissa.rennison@mlhu.on.ca
- **Tracey Ashby**, Substance Misuse Prevention, ext. 2270.
Email: tracey.ashby@mlhu.on.ca
- **Bernadette Garrity**, FASD, ext. 2272.
Email: bernadette.garrity@mlhu.ca

KEY PROGRAMS/PROJECTS

- *Safe Grad Celebration Program – www.safegrad.com*
- *Safe Grad Workshop*
- *Low Risk Drinking Guidelines*
- *Alcohol Policy*
- *Health Fairs*
- *College/University Campus initiatives*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Regional Niagara Public Health Department (CW)

2201 St. David's Road P.O. Box 1042, Thorold, ON, L2V 4T7

Tel: 905-688-8248 ■ Toll-free: 1-800-263-7248 ■ Fax: 905-682-3901

Web Site: www.niagararegion.ca

Medical Officer of Health: Dr. Robin Williams

INJURY PREVENTION

CONTACTS

- **Venessa Levay**, Manager of Injury Prevention and Substance Misuse Prevention, ext. 7255.
Email: venessa.levay@niagararegion.ca
- **Christina Bradley**, Public Health Nurse, ext. 7401.
Email: christina.bradley@niagararegion.ca
- **Fran Hubley**, Public Health Nurse (adult/senior safety), ext. 7252.
Email: fran.hubley@niagararegion.ca

KEY PROGRAMS/PROJECTS

- *Are you in Jeopardy?*
- *Knowledge is the best medicine*
- *My turn, My time, My Plan*
- *Physical activity and falls prevention*
- *Central West communication campaign*
- *Seniors Safety and community resources program*
- *Stepping out safety and community resource program*
- *Stepping out safety and pedestrian safety*
- *Falls Prevention Clinic*
- *DW Eyes Interactive Simulator Goggles*
- *Impaired driving; Computerized Blood Alcohol Calculator*
- *Mock Crash; Think Again Crash vehicle*
- *Car Seat Safety; Car Seat Clinics*
- *Think of Me Envelopes*
- *Kidestrian/Pedestrian Safety*
- *Regional Niagara Road safety strategy*
- *Think First for Kids*
- *Comprehensive brain/spinal cord injury prevention program for primary grades*
- *Quarterly Physicians' Newsletter*
- *Safe Kids Week*
- *Child product Safety*
- *Home and Playground Safety; Home safety for children 0-6 yrs*
- *Osteoporosis*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Venessa Levay**, Manager of Injury Prevention and Substance Misuse Prevention, ext. 7255.
Email: venessa.levay@niagararegion.ca
- **Andrea Smith**, Health Promoter, ext. 7414.
Email: andrea.smith@niagararegion.ca

KEY PROGRAMS/PROJECTS

- *Workplace Alcohol and Other Drug Policy Information Packages*
- *Low Risk Drinking Guidelines*
- *Dangerous Drinking*
- *Ultimate Mix Challenge*
- *Designer Drug Presentation*
- *Drug Awareness Week Campaign*
- *Racing Against Drugs*
- *IMPACT Conference - High school students learn about hosting peer-led educational events in their schools*
- *Niagara Dance Safety Guidelines*
- *Physicians' Newsletter*
- *ER Designer Drug Resources*
- *Health Care In-services*
- *Medication Record*
- *Drugs and the Older Driver*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

North Bay-Parry Sound District Health Unit (NE)

681 Commercial Street, North Bay, ON, P1B 4E7

Tel: 705-474-1400 ■ Fax: 705-474-8252

Web Site: www.healthunit.biz

Medical Officer of Health: Dr. Catherine Whiting

INJURY PREVENTION

CONTACTS

- **Wendy Carew**, Public Health Director, Health Promotion.
Email: wendyca@nbdhu.on.ca
- **Lois Houston**, Program Manager, Chronic Disease and Injury Prevention.
Email: lois.houston@nbdhu.on.ca

KEY PROGRAMS/PROJECTS

- *Child Restraint*
- *Bike Rodeos*
- *Helmet and Bike Safety Campaigns*
- *Snowmobile and ATV Peer-led Initiatives*
- *No Regrets*
- *Falls Prevention Coalitions – Events and Campaigns*
- *Road Safety Coalitions – Events and Campaigns*
- *Risk Watch supported by coalitions*
- *Safe Kids Week*
- *Get Smart*
- *Injury Prevention Curriculum Trainings*
- *Healthy School Environment Policy*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Wendy Carew**, Public Health Director, Health Promotion.
Email: wendyca@nbdhu.on.ca
- **Lois Houston**, Program Manager, Chronic Disease and Injury Prevention.
Email: lois.houston@nbdhu.on.ca

KEY PROGRAMS/PROJECTS

- *Racing Against Drugs*
- *P.A.R.T.Y. Programs*
- *Safer Bars*
- *Municipal Alcohol Policy*
- *Drug Awareness Campaigns*
- *Safe Grad*
- *Risky Drinking*
- *College and University Alcohol Policy*
- *College and University Campaigns*
- *SAP Bucket (games and activities for grade 4 to 12)*
- *Gotcha Covered*
- *Take Action*
- *Teacher Trainings*
- *MADD Activities*
- *Healthy School Environment Policy*
- *Community/Recreation Policy*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Northwestern Health Unit (NW)

21 Wolsley Street, Kenora, ON, P9N 3W7

Tel: 807-468-3147 ■ Toll-free: 1-800-830-5978 ■ Fax: 807-468-4970

Web Site: www.nwhu.on.ca

Acting Medical Officer of Health: Dr. Nancy Cameron

INJURY PREVENTION

CONTACTS

- **Tanis Fretter**, Program Manager.
Email: tfretter@nwhu.on.ca
- **Barb Roussin**, Health Promoter.
Email: broussin@nwhu.on.ca

KEY PROGRAMS/PROJECTS

- *Car Restraint Promotion and training*
- *SAGES (Safe and Gentle Exercises for Seniors)*
- *Annual medicine cabinet clean out*
- *Family home safety kits*
- *Risk Watch*
- *Safe Communities Coalitions*
- *Playground safety.*

RECENT/UPCOMING INITIATIVES

Please contact the Health Unit directly

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Tanis Fretter**, Program Manager.
Email: tfretter@nwhu.on.ca
- **Hugh Dennis**, Focus Coordinator, Rainey River District.
Email: hdennis@nwhu.on.ca
- **Jennifer Thurbide**, Focus Coordinator, Red Lake/Ear Falls.
Email: jthurbide@nwhu.on.ca

KEY PROGRAMS/PROJECTS

- *Municipal and workplace alcohol policies*
- *Low risk drinking guidelines promotion*
- *Responsible hosting*
- *Alcohol-free activities for families and communities*
- *Annual medicine cabinet clean out*
- *Drug awareness week activities*
- *Take ACTION curriculum promotion*
- *Various projects and programs in FOCUS communities*
- *Fetal Alcohol Spectrum Disorder*
- *Binge drinking and alcohol poisoning*
- *Safe Grads.*

RECENT/UPCOMING INITIATIVES

Please contact the Health Unit directly

Ottawa Public Health (E)

100 Constellation Crescent, Ottawa, ON, K2G 6J8

Tel: 613-580-6744 ■ Fax: 613-580-9652

Web Site: www.ottawa.ca/health

Medical Officer of Health: Dr. Isra Levy

INJURY PREVENTION

CONTACTS

- **Nicole Frappier**, Program Manager, Youth, Tobacco and Injury Prevention and Substance Misuse, Tel: 613-580-6744 ext. 26254
Email: Nicole.frappier@ottawa.ca
- **Nancy Langdon**, Supervisor, Injury Prevention and Substance Misuse, Tel: 613-580-6744, ext. 2372. Email:
Nancy.Langdon@ottawa.ca
- **Kirsten Coupland-Tardif**, PHN, Car Seats, ext. 223627.
Email: Kirsten.Coupland-Tardif@ottawa.ca
- **Kuy Ngo**, PHN (Injury Prevention for 0-6 year old), ext. 26224.
Email: Kuy.Ngo@ottawa.ca
- **Ginette Asselin**, PHN, (fall prevention in older adults), ext. 26236.
Email: ginette.asselin@ottawa.ca
- **Suzanne Girard**, PHN, (fall prevention in older adults). ext 16074
E-mail: suzanne.girard@ottawa.ca
- **Carrie Innes**, PHN, (road Safety), ext 26106.
Email: Carrie.Innes@ottawa.ca
- **Andrée Patrice**, PHN (workplace), ext. 26190, Email:
Andree.Patrice@ottawa.ca
- **Darci Taing**, PHN (Childhood Injury), ext. 24260 Email:
Darcie.Taing@ottawa.ca

KEY PROGRAMS/PROJECTS

- *Helmets - Promote use in schools, community daycares and helmet video*
- *In-services for health professionals and service providers*
- *Senior Accessible public places*
- *Red Lights*
- *Home Safety*
- *Parent Education*
- *Skate Safe Program*
- *Pool Safety*
- *Playground Safety; School Safety Program*
- *Multicultural programming*
- *Car seat checks during seat belt campaign*
- *Think first Curriculum*
- *Integrated Road Safety*

RECENT/UPCOMING INITIATIVES

Please contact the Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Linda Cove**, PHN (Young adults), ext. 26172.
Email: Linda.Cove@ottawa.ca
- **Terry-Lynne Marko**, PHN, (adolescent, "Why Drive High?" campaign, ext. 24359.
Email: Terry-Lynne.Marko@ottawa.ca
- **Yasmin Merhi**, PHN (adolescent), ext. 15437.
Email: Yasmin.Merhi@ottawa.ca
- **Angela Milito**, PHN (OSAID), ext. 25086.
Email: Angela.Milito@ottawa.ca

KEY PROGRAMS/PROJECTS

- *Party Smart Strategy*
- *Party Smart Forum*
- *OSAID chapters in high schools, curriculum support*
- *Student-led OSAID Regional Conference*
- *Community alcohol policies*
- *Peer education training*
- *Youth Engagement*
- *Low Risk Drinking Guidelines*
- *"Why Drive High" campaign*
- *Integrated Drugs and Addictions Strategy*

RECENT/UPCOMING INITIATIVES

Please contact the Health Unit directly.

Oxford County Public Health (SW)

410 Buller Street, Woodstock, ON, N4S 4N2

Tel: 519-539-9800 ■ Fax: 519-539-6206

Web Site: www.county.oxford.on.ca/healthservices/ocbh

Acting Medical Officer of Health: Dr. Jeff Nichols

INJURY PREVENTION

CONTACTS

- **Lorna Boratto**, ext. 3411.
Email: lboratto@oxfordcounty.ca

KEY PROGRAMS/PROJECTS

- *Bike Helmet Use*
- *Education and awareness programs*
- *Talks to Seniors Groups*
- *Displays*
- *Safe Home Checklist: Stepping out Safely*
- *Physical Activity Promotion to grade 11 students*
- *Drinking and driving, aggressive driving*
- *Community Car Seat Checks*
- *Proper Use of Car Seats and Seat Belts*
- *Aggressive Driving*
- *Comprehensive Prenatal/Early Pregnancy Program*
- *Safe Kids Week*
- *Railway Safety*
- *Safety Expo. In schools (grades, 2-4)*
- *Kidstrains- pedestrian education program (JK, SK, grade 1)*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Kelly Vanderhoeven** ext 3467.
Email: kvanderhoeven@oxfordcounty.ca

KEY PROGRAMS/PROJECTS

- *Low Risk Drinking Guidelines Promotion*
- *Smart Serve*
- *FASD Licensed Establishment Campaign*
- *Race Against Drugs, in conjunction with local police services.*
- *Drug Awareness Committee: Targets alcohol/drug awareness in elementary/secondary schools*
- *Substance Misuse prevention alternatives (grades 6 and 7)*
- *Drug Awareness Week*
- *Work with a community coalition to target youth, adults, and seniors*
- *Comprehensive Prenatal/Early Pregnancy Program*
- *Safe Grad Celebration Program*
- *Participate on a community coalition covering Elgin-St. Thomas, Middlesex-London and Oxford County schools*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Peel Public Health (CE)

44 Peel Centre Drive, 4th Floor, Brampton, ON, L6T 4B5

Tel: 905-799-7700 ■ Fax: 905-789-1604

Web Site: www.peelregion.ca

Medical Officer of Health: Dr. David Mowat

INJURY PREVENTION

CONTACTS

- **Gayle Bursey**, Director of Chronic Disease and Injury Prevention, ext. 2617.
Email: gayle.bursey@peelregion.ca
- **Sherry Baidwan**, Manager of Chronic Disease and Injury Prevention, ext. 2105.
Email: sherry.baidwan@peelregion.ca
- **Mary Anne Kozdras**, Supervisor, Injury Prevention Team, ext. 2004.
Email: maryanne.kozdras@peelregion.ca

KEY PROGRAMS/PROJECTS

- *Car Seat Safety*
- *Car Seat Safety Clinics*
- *Road Safety*
- *Road Safety Challenge Week*
- *Walk to School Program*
- *Wear the Gear*
- *Seniors Fall Prevention*
- *Fall Prevention Clinics*
- *Safe Communities for Children Campaign*
(www.keeppeelkidssafe.ca)
- *Playground Safety*
- *Related resources available*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Gayle Bursey**, Director of Chronic Disease and Injury Prevention, ext. 2617.
Email: gayle.bursey@peelregion.ca
- **Sherry Baidwan**, Manager of Chronic Disease and Injury Prevention, ext. 2105.
Email: sherry.baidwan@peelregion.ca
- **Elizabeth Amorim**, Supervisor, Alcohol, Drugs and Addictions Team, ext. 2029.
Email: elizabeth.amorim@peelregion.ca

KEY PROGRAMS/ PROJECTS

- *Junior Elementary (K-5) Strategy*
- *Senior Elementary (6-8) Strategy*
- *Secondary Strategy*
- *Party in the Right Spirit graduation consultations*
- *1 Life 2 Live (annual youth conference with a focus on leadership and decision making)*
- *Marijuana-impaired driving campaign*
(www.halfbakedideas.ca)
- *Post Secondary Strategy*
- *Parents Strategy* (www.talkaboutdrugs.ca)
- *Workplace Strategy:*
- *Bar Strategy and Peel Safe Bars Coalition*
- *Host Liability campaign* (www.responsiblehost.ca)
- *Senior's Wellness Fairs*
- *Drug Awareness Week Coalition and events*
- *Related resources available*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Perth District Health Unit (SW)

653 West Gore Street, Stratford, ON, N5A 1L4

Tel: 519-271-7600 ■ Fax: 519- 271-2195

Web Site: www.pdhu.on.ca

Medical Officer of Health: Dr. Miriam Klassen

INJURY PREVENTION

CONTACTS

- **Denise Beatty**, Injury Prevention, Manager, 519-271-0375 ext. 790. Email: dbeatty@pdhu.on.ca
- **Velma Hansford**, Public Health Nurse, ext 234. Email: vhansford@pdhu.on.ca

KEY PROGRAMS/PROJECTS

- *Bicycle Safety Campaign*
- *Assemblies and Rodeos*
- *Regional Falls Prevention Network*
- *Car Restraints*
- *Car Seat Safety Clinics*
- *Car Seat Coupon Program*
- *Home Safety*
- *Farm Safety*
- *Horse and Buggy Safety*
- *"No More Accidents" campaign*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Denise Beatty**, Injury Prevention, Manager, 519-271-0375 ext. 790. Email: dbeatty@pdhu.on.ca
- **Annette Hoyles**, Public Health Promoter, ext. 287. Email: ahoyles@pdhu.on.ca

KEY PROGRAMS/PROJECTS

- *Safe Grad r*
- *Drinking and Snowmobiling/ATVs*
- *FASD*
- *Alcohol Liability with golf courses, recreational facilities*
- *Huron-Perth OSAID Alliance*
- *Municipal Alcohol Policies*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Peterborough County-City Health Unit (CE)

10 Hospital Drive, Peterborough, ON, K9J 8M1

Tel: 705-743-1000 ■ Fax: 705-743-2897

Web Site: www.pcchu.ca

Medical Officer of Health: Dr. Rosana Pellizzari

INJURY PREVENTION

CONTACTS

- **Larry Stinson**, Manager
Email: lstinson@pcchu.ca
- **Becky Harper**, Public Health Nurse, ext. 344.
Email: bharper@pcchu.ca
- **Christine Post**, Health Promoter Women's Abuse) ext. 293.
Email: cpost@pcchu.ca
- **Jill Ritchie**, Health Promoter, Cycling and Pedestrian Safety.
Email: jritchie@pcchu.ca

KEY PROGRAMS/PROJECTS

- *Exercise to Prevent Falls...A Winning Formula for Older Adults*
- *Smart Moves: You can prevent a fall*
- *Winter Active, Winter Smart promotes safe walking*
- *Do you have a safe Home? Checklist*
- *Continuing to Drive... A Safe-Rating Evaluation*
- *Child Passenger Safety presentations to teen prenatal groups*
- *Bicycle Helmet use promotion and fitting*
- *Active safe routes to school*
- *Active and Safe Community Routes*
- *Abuse Prevention of Older Adults Network of Peterborough County and City: Working on establishing a multi-agency coordinated community response*
- *Risk Watch*
- *Safe Kids Week*
- *Women Abuse*
- *Healthy Relationships*
- *Physical punishment of children*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Larry Stinson**, Manager
Email: lstinson@pcchu.ca
- **Suzanne Galloway**, Health Promoter, Ext. 223.
Email: sgalloway@pcchu.ca

KEY PROGRAMS/PROJECTS

- *Sober Driving*
- *Operation Lookout*
- *Snowmobiling and Boating Campaigns*
- *Teacher Kits for Gr. 1-8, 9-12*
- *Safe Prom/Grad*
- *Party in the Right Spirit*
- *Choose Your Ride Home campaign*
- *Workplace: Workplace Party Packs*
- *Policy starter kits*
- *Displays and in-services on request*
- *Healthy Pregnancy Fair*
- *Seniors' Safe medication use*
- *Peterborough Drug Awareness Coalition*
- *Safer Bars Project*
- *Drug Awareness Week*
- *Harm Reduction Coalition*
- *Municipal Drug Strategy Committee and Strategy Development*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Porcupine Health Unit (NE)

169 Pine Street South, Timmins, ON, P4N 8B7

Tel: 705-267-1181 ■ Fax: 705-264-3980

Web Site: www.porcupinehu.on.ca

Medical Officer of Health: Dr. Dennis Hong

INJURY PREVENTION

CONTACTS

- **Betty Ann Horbul**, Manager of Population Health Programs.
Email: horbulba@porcupinehu.on.ca
- **Christine Daigneault-Hache**, Program Coordinator, Injury Prevention and Substance Misuse Prevention, Tel: 705-267-1181 ext. 372. Fax: 705-264-3980.
Email: chrism@porcupinehu.on.ca

KEY PROGRAMS/PROJECTS

- *Injury Prevention for children*
- *Injury Prevention for Youth*
- *Motor Vehicle Safety*
- *Risk Awareness*
- *Bicycle Safety*
- *Home Safety*
- *Seniors Injury Prevention*
- *Car Seat Safety*
- *Community Safety*
- *Snowmobile Safety*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Betty Ann Horbul**, Manager of Population Health Programs.
Email: horbulba@porcupinehu.on.ca
- **Christine Daigneault-Hache**, Program Coordinator, Injury Prevention and Substance Misuse Prevention, Tel: 705-267-1181 ext. 372. Fax: 705-264-3980.
Email: chrism@porcupinehu.on.ca

KEY PROGRAMS/PROJECTS

- *Low-Risk Drinking Guidelines*
- *Municipal Alcohol Policy*
- *Youth and Alcohol Use*
- *Social Responsibility*
- *Alcohol Liability*
- *Community Action*
- *Alcohol and Motor Vehicle Safety*
- *Substance Misuse Prevention Fair*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Renfrew County & District Health Unit (E)

7 International Drive, Pembroke, ON, K8A 6W5

Tel: 613-732-3629 ■ Toll free: 1-800-267-1097 ■ Fax: 613-735-3067

Web Site: www.rcdhu.com

Medical Officer of Health: Dr. Michael Corriveau

INJURY PREVENTION

CONTACTS

- **Carla Walters**, Manager, Health Promotion & Clinical Services, Tel: 613-735-8651, ext 521, Fax: 613-735-3067.
- **Elizabeth McLaren**, Coordinator, Health Promotion & Clinical Services, Tel: 613-735-8651, ext 517, Fax: 613-735-3067.

KEY PROGRAMS/PROJECTS

- *Stay Safe Driving initiatives (i.e. Stay Safe Driving Kits for boating, snowmobiling, and ATVs)*
- *Road Safety Poster contest for high school students*
- *Driving and Dementia Resource Guide for doctors and health care professionals with pamphlets for their clients*
- *Safe Wheeling Kit to Grades 1-6 teachers*
- *Work with police at schools and in the community at bicycle safety rodeos*
- *Health Unit staff provide information and demonstrations to teachers, parents and volunteers on correct fit of a helmet*
- *Participant in the Renfrew County Car Seat Safety Coalition*
- *Distribute the Renfrew County Car Seat Safety Reference Card*
- *Offer training for car seat safety inspectors*
- *Child Car Seat Safety Clinics: Offer car seat safety information at community events and training to nurses who work with postpartum clients in local maternity hospitals and staff at daycares, Ontario Early Years Centers, etc.*
- *Stay Safe Calendar for Older Adults*
- *Stay Safe Senior's Checklist*
- *Home safety display set-up at community events and selected flu clinics*
- *Stay Happy, Stay Healthy Kit*
- *Stay Happy, Stay Healthy Interactive Health Fair*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Carla Walters**, Manager, Health Promotion & Clinical Services, Tel: 613-735-8651, ext 521, Fax: 613-735-3068.
- **Elizabeth McLaren**, Coordinator, Health Promotion & Clinical Services, Tel: 613-735-8653, ext 517, Fax: 613-735-3068.

KEY PROGRAMS/PROJECTS

- *Operation Lookout*
- *Last Drink Program*
- *Drive for Life for (grade 11)*
- *Stay Safe Driving Kits*
- *Party Smart*
- *Keep Control (www.keepcontrol.ca)*
- *Binder Dividers for grade 9 students to make informed choices about alcohol, tobacco, cannabis, club drugs and impaired driving*
- *ACTION - OPHEA program aimed at prevention of alcohol, tobacco and cannabis use among youth in grades 7 and 8*
- *Teacher-training workshops offered*
- *Resource boxes developed and updated annually for grades teachers*
- *FAN Club Puppet Shows for children from kindergarten to grade on, dealing with issues related to family alcohol and substance use*
- *Multimedia Shows provided by MADD or Absolute*
- *Families Rule Pamphlet*
- *Renfrew County FOCUS Community Project: sponsored by Renfrew County and District Health Unit. Goal is to reduce injuries related to alcohol and other drug use, many Health Unit activities carried out with the FOCUS Project and partners.*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Simcoe Muskoka District Health Unit (CE)

15 Sperling Drive, Barrie, ON, L4M 6K9

Tel: 705-721-7520 ■ Fax: 705-721-1495

Web Site: www.simcoemuskokahealth.org

Medical Officer of Health: Dr. Charles Gardner

INJURY PREVENTION

CONTACTS

- **Janice Greco**, Injury Prevention and Substance Misuse Prevention Manager, ext. 7288.
Email: janice.greco@smdhu.org
- **Joyce Fox**, Director, ext. 7210.
Email: joyce.fox@smdhu.org

KEY PROGRAMS/PROJECTS

- *Falls Prevention*
- *Road Safety*
- *Alcohol and Substance Misuse and Injury Prevention*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Janice Greco**, Injury Prevention and Substance Misuse Manager, ext.7288. Email: janice.greco@smdhu.org
- **Joyce Fox**, Director, ext. 7210.
Email: joyce.fox@smdhu.org
- **Velma Shewfelt**, Simcoe FOCUS Community Project Coordinator, ext. 7527.
Email: velma.shewfel@smdhu.org
- **Tracy Burnett**, Muskoka Focus Community Project Coordinator, ext. 7532.
Email: Tracey.Burnett@smdhu.org

KEY PROGRAMS/PROJECTS

- *Municipal Alcohol Policy*
- *Binge Drinking*
- *Low Risk Drinking Guidelines*
- *Rookie Mistakes*
- *Social Norms Campaigns*
- *Photovoice*
- *Drug Awareness Week Activities*
- *Truth and Consequence*
- *Racing Against Drugs*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Sudbury & District Health Unit (NE)

1300 Paris Street, Sudbury, ON, P3E 3A3

Tel: 705-522-9200 ■ Fax: 705-522-5182

Web Site: www.sdhu.com

Medical Officer of Health: Dr. Penny Sutcliffe

INJURY PREVENTION

CONTACTS

- **Mary Anne Diosi**, Acting Manager, ext. 341.
Email: diosim@sdhu.com
- **Laurie Fraser**, PHN, Falls Prevention, Ext. 391.
Email: fraserl@sdhu.com
- **Renée Lefebvre**, PHN, Child Car Seats, Snowmobiling, Bicycle Safety, ATV Safety, Road Safety, Ext. 346.
Email: lefebvrer@sdhu.com
- Tina Skjonsby-McKinnon, PHN, Child Injuries,
Email: mckinnon@sdhu.com

KEY PROGRAMS/PROJECTS

- *Bicycle Rodeos and Helmet Clinics*
- *"Wear the Gear" display and campaign*
- *Stay on your Feet Falls Prevention Coalition*
- *Fall Prevention Week*
- *Fall Busters Volunteer Program*
- *Are You in Jeopardy?*
- *Knowledge is the Best Medicine*
- *Passport to Safety Checklist (bilingual)*
- *Exercise to Prevent Falls video and poster*
- *Top 12 Tips to Prevent Falls bilingual display and handout*
- *Sudbury Road Safety Committee*
- *Road Safety Challenge Week*
- *Aggressive Driving Week*
- *Impaired driving events and campaigns*
- *Sudbury Child Car Seat Safety Network*
- *Child Car Seat clinics; Love Me Buckle Me Right Days*
- *Child Restraint System technician training*
- *Make Every Ride a Safe Ride - child car seat display*
- *Young Snowmobile Ride Program*
- *"S" Days Program*
- *No More Accidents - ATV Safety Program*
- *Safe Kids Week*
- *Sudbury Kids Injury Prevention Coalition including Playground Safety Subcommittee and Risk Watch Subcommittee*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Mary Ann Diosi**, Acting Manager, ext. 341.
Email: diosim@sdhu.com
- **Brenda Stankiewicz**, PHN, Lead of Sudbury FOCUS Community Project, ext 267. Email: stankiewicz@sdhu.com
- **Lorna Barrow**, Program Assistant of Sudbury FOCUS Community Project, ext 4330. Email: moorel@sdhu.com
- **Ghislaine Goudreau**, Health Promotor, Injury Prevention, ext 382. Email: goudreaug@sdhu.com
- **Francine Brunet-Fechner**, PHN, Tobacco use prevention, ext 275 Email: brunetf@sdhu.com
- **Geslie Henderson**, PHN, Tobacco Use Prevention, ext 316
Email: hendersong@sdhu.com

KEY PROGRAMS/PROJECTS

- *Drug and Alcohol Education*
- *Low Risk Drinking Guidelines*
- *Alcohol Risk Management*
- *Drive Safe; Ride Safe; Road Safety*
- *Celebrate Safely/Mocktails*
- *Turkey Campaign*
- *Safer Bars*
- *Safe Medication Use*
- *Alcohol and Chronic Diseases Campaign*
- *Buzzed Driving is Drunk Driving Campaign*
- *Drugs and Sports; Drugs and Body Image*
- *Sex and Alcohol*
- *Prenatal Education*
- *Alcohol and pregnancy/FASD*
- *Smoke-free homes and cars; Smoking cessation; Smokefree Ontario; Not to Kids; Second-hand smoke*
- *Safe boating and Snowmobiling*
- *Drug Awareness Week*
- *Wellness Days in the elementary and secondary schools*
- *ACTION program resource kit for teachers*
- *Cultural Activities*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Thunder Bay District Health Unit (NW)

999 Balmoral Street, Thunder Bay, ON, P7B 6E7

Tel: 807-625-5900 ■ Toll-free: 1-888-294-6630 ■ Fax: 807-623-8664

Web Site: www.tbdhu.com

Medical Officer of Health: Dr. Sam Graham

INJURY PREVENTION

CONTACTS

- **Marita Campbell**, PHN (Child and Youth Injury Prevention), Tel: 807-625-5962. Email: Marita.Campbell@tbdhu.com
- **Judi Marton**, PHN, Road and Off Road Vehicle Safety, Tel: 807-625-8848. Email: Judi.Marton@tbdhu.com
- **Sheila Hansen**, PHN, Youth Resiliency, Tel. 807-625-7998. Email: Sheila.Hansen@tbdhu.com
- **Carolyn Breitsprecher**, PHN, Health Promoting Schools, Tel: 807-625-8310. Email: Carolyn.Breitsprecher@tbdhu.com
- **Sue Armstrong**, PHN, Workplace Health, Safe Communities, Tel: 807-625-5911. Email: Sue.Armstrong@tbdhu.com

KEY PROGRAMS/PROJECTS

- *Neighbourhood Policing Bike Rodeos*
- *Wear the Gear Campaign*
- *Safe Kids Week*
- *RIDE*
- *Seatbelt Challenge: Road Safety Challenge*
- *Highway Safety Education and Awareness Campaign*
- *Community Traffic Awareness Committee*
- *Share the Road Project*
- *Aggressive Driving Education and Awareness Campaign*
- *Car Seat Clinic*
- *SAVE Committee – “Snowmobile, ATV, Vessel Education” Committee*
- *Hospital injury tracking*
- *Zero tolerance enforcement*
- *Media awareness events*
- *Risk Watch*
- *Roots of Empathy program and Curriculum Related resources*
- *Water Awareness and education*
- *Road Safety Challenge*
- *Walk to School Day*
- *Snowmobile safety programs and media awareness*
- *Safe Kids Week*
- *Fire Prevention Week*
- *Suicide Prevention*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Section 2

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Patricia Hajdu**, Health Promotion Planner, Drug Awareness Committee, Youth Peer Mentorship, Tel: 807-625-7994. Email: Patricia.Hajdu@tbdhu.com
- **Lyne Soramaki**, PHN, Fetal Alcohol Syndrome Awareness, Tel: 807-625-5927. Email: Lyne.Soramaki@tbdhu.com
- **Simon Hoad**, Tobacco Resource Centre. Tel: 807-635-5982. Email: Simon.Hoad@tbdhu.com
- **Don Young**, Needle Exchange Program, Tel: 807-624-2005. Email: Don.Young@tbdhu.com

KEY PROGRAMS/PROJECTS

- *Natural Helpers Peer Mentorship*
- *High School Student Initiatives*
- *Focus on risks of binge drinking and drug use*
- *Fetal Alcohol Syndrome Awareness Coalition*
- *Alcohol Accessibility Advocacy Project*
- *Alcohol and Media Awareness*
- *Youth resiliency projects*
- *Alcohol Policy Development*
- *Drug Awareness Week Activities*
- *Policy Work – Community, School, Municipality*
- *Keepcontrol Support (www.keepcontrol.ca)*
- *Youth Development Projects*
- *Opiate Committee*
- *Municipal Drug Strategy*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.



Timiskaming Health Unit (NE)

421 Shepherdson Rd., New Liskeard, ON, P0J 1P0

Tel: 705-647-4305 ■ Fax: 705-647-5779

Web Site: www.timiskaminghu.com

Acting Medical Officer of Health: Dr. Pat Logan

INJURY PREVENTION

CONTACTS

- **Randy Winters**, Manager, ext. 314.
Email: wintersr@timiskaminghu.com

KEY PROGRAMS/PROJECTS

- *Road Safety*
- *Timiskaming Road Safety Coalition*
- *Community development*
- *Car seat clinics*
- *Kids safety days*
- *Aggressive driving campaigns*
- *Awareness campaigns and promotions*
- *Road safety challenges*
- *Prevention of family and childhood injuries initiative*
- *Risk Watch*
- *Playground safety*
- *New mom safety packages*
- *RUCS (routine, universal, comprehensive, screening)*
- *Anti-bullying initiatives*
- *Roots of empathy*
- *MADD South Timiskaming Chapter*
- *Timiskaming Injury Prevention (Elderly) Committee*
- *Falls Ambassador Program*
- *Medicine Cabinet Clean Out Campaign*

RECENT/UPCOMING INITIATIVES

Please contact the Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Randy Winters**, Manager, ext. 314.
Email: wintersr@timiskaminghu.com

PROGRAMS/PROJECTS

- *Kirkland Lake Drug & Alcohol Awareness Committee*
- *Drug Awareness Week*
- *Party Safe campaign*
- *SASSY kits*
- *FASD Timiskaming*
- *Awareness campaigns*
- *Community development*
- *Municipal Alcohol Policy (MAP)*
- *Smart Serve*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Toronto Public Health (CE)

277 Victoria St, 5th Floor, Toronto, ON, M5B 1W2

Tel: 416-392-7401 ■ Fax: 416-392-0713

Web Site: www.toronto.ca/health

Medical Officer of Health: Dr. David McKeown

INJURY PREVENTION

CONTACTS

- **Kerri Richards**, Health Living Manager, Injury/Substance Misuse Prevention, Tel: 416-338-8710, Fax 416-338-8651. Email: krichar@toronto.ca
- **Judy Radau**, Healthy Living Manager, Vulnerable Adults/Seniors Injury Prevention, Tel: 416-397-4731, Fax: 397-4778. Email: radau@toronto.ca
- **Ulla Wise**, Acting Healthy Living Manager, Vulnerable Adults/Seniors Injury Prevention Program, Tel: 416-338-8154, Fax: 416-338-1780. Email: uwise@toronto.ca
- **Shaila Krishna**, Acting Healthy Living Manager, Injury/Substance Misuse Prevention, Tel: 416-338-6155, Fax: 416-338-5299. Email: Krishna@toronto.ca
- **Walter Wilson**, Health Promotion Consultant, Injury Prevention/Substance Misuse Prevention, Tel: 416-338-7596, Fax: 416-338-7040. Email: wwilson@toronto.ca
- **Anne Wenger**, Health Promotion Consultant, Vulnerable Adults/Seniors Injury Prevention, Tel: 416-397-4783, Fax: 416-397-4778. Email: awenger@toronto.ca
- **Debbie Cameron**, Health Promotion Consultant, Vulnerable Adults/Seniors Injury Prevention, Tel: 416-338-1598, Fax: 416-338-1780. Email: dcameron@toronto.ca

KEY PROGRAMS/PROJECTS

- *Child Passenger Safety*
- *Ride Safely brochure available in multiple languages*
- *Vulnerable Adults & Seniors Injury Prevention*
- *Falls Intervention Team (FIT)*
- *Focus on falls prevention*
- *At Home Alone*
- *Toronto Area Safety Coalition*
- *Communications Campaign on injury prevention for 5-9 yr olds*
- *Toronto Drug Strategy*
- *Harm Reduction Network*
- *Social Marketing Campaign on falls prevention targeting parents of children 5-9 yrs*
- *Fall prevention campaign targeting Seniors >65yrs*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Shaun Hopkins**, Needle Exchange Manager, The Works, Tel: 416-338-7801. Fax 416-392-0810. Email: shopkins@toronto.ca
- **Susan Shepherd**, Manager, Toronto Drug Strategy Secretariat; Tel: 416-338-0923. Email: sshephe1@toronto.ca
- **Barbara Macpherson**, Acting Manager, Planning & Policy, Urban Issues, Tel: 416-338-8188, Fax: 416-338-0921. Email: bmacpher@toronto.ca
- **Jacqueline Russell**, Research Consultant, Planning & Policy, Urban Issues, Tel: 416-338-0926, Fax: 416-338-0921. Email: jrusse3@toronto.ca

KEY PROGRAMS/PROJECTS

- *The Works Needle Exchange Program: Mobile and fixed site*
- *Education, harm reduction and methadone services*
- *Research Group on Drug Use*
- *Parenting Programs*
- *Community Investment in Drug Prevention Grants*
- *Alcohol Policy work*
- *Party in the Right Spirit*
- *In the Driver's Seat*
- *Toronto Drug Strategy*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Region of Waterloo Public Health (CW)

P.O. Box 1633, 99 Regina Street South, 3rd Floor, Waterloo, ON, N2J 4V3

Tel: 519-883-2008 ■ Fax: 519-883-2226

Web Site: www.chd.region.waterloo.on.ca

Medical Officer of Health: Dr. Liana Nolan

INJURY PREVENTION/LIFESTYLE

RESOURCES

CONTACTS

- **Amanda Kroger**, Manager. Tel: 519-883-2008, ext. 2255.
Email: kamanda@region.waterloo.on.ca.

KEY PROGRAMS/PROJECTS

- *Active and Safe Routes to School*
- *Car Seat Safety Coalition*
- *Adult Falls Prevention*
- *My Turn, My Time, My Plan*
- *Safe Communities on the Grand: annual falls prevention event for older adults*
- *Women's Health Presentations to groups of women 50+ years of age - Breast health, Cervical health, Osteoporosis and falls prevention topics are covered .*
- *Hold Follow Watch – Multicultural Resources*
- *Home Safety Checklist - "Are you in jeopardy?"*
- *Stepping Out Safely*
- *Knowledge is the Best Medicine*
- *You Can Prevent Falls - Display*
- *The Seniors Home Safety Test*
- *"Are You in jeopardy?" Video*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Amanda Kroger**, Manager, Tel: 519-883-2008 ext. 2255.
Email: kamanda@region.waterloo.on.ca.

KEY PROGRAMS/PROJECTS

- *Growing Up is Risky Business*
- *FASD Prevention Committee*
- *Substance Misuse Prevention Committee*
- *Community Safety and Crime Prevention Council Committee*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Wellington-Dufferin-Guelph Public Health (CW)

474 Wellington Road, #18, Suite 100, R.R. #1, Fergus, ON, N1M 2W3

Tel: 519-846-2715 ■ Toll-free: 1-800-265-7293 ■ Fax: 519-843-2321

Web Site: www.wdghu.org

Acting Medical Officer of Health: Dr. Nicola Mercer

INJURY PREVENTION

CONTACTS

- **Jennifer MacLeod**, Manager, Injury Prevention and Research and Evaluation, Tel: 519-846-2715, ext. 3620
Email: Jennifer.macleod@wdghu.org

KEY PROGRAMS/PROJECTS

- *Feeling Better Program*
- *Falls Assessment Clinic and training provided for health providers*
- *Car Seat Safety (Clinics, information sessions, awareness campaigns, and training for community partners)*
- *Elementary and Secondary School Programs - Incorporate injury prevention messages through school newsletters, school council communications, and school-wide events*
- *Prevention of Shaken Baby Syndrome campaign*
- Prevention of Family Violence Initiatives
- Stay A Step Ahead Campaign
- Medication Clean out Events
- Home Safety tours and resource distribution

RECENT/UPCOMING INITIATIVES

Please contact Public Health directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Jennifer MacLeod**, Manager, Injury Prevention and Research and Evaluation, Tel: 519-846-2715, ext. 3620
Email: Jennifer.macleod@wdghu.org

KEY PROGRAMS/PROJECTS

- *Distribution of Low Risk Drinking Guidelines*
- *Partnerships with academics to inform practice*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Windsor-Essex County Health Unit (SW)

1005 Ouellette Avenue, Windsor, ON, N9A 4J8

Tel: 519-258-2146 ■ Fax: 519-258-6003

Web Site: www.wehealthunit.org

Medical Officer of Health: Dr. Allen Heimann

INJURY PREVENTION

CONTACTS

- **Neil MacKenzie**, Manager, Chronic Disease & Injury Prevention, Adult issues, ext. 3101, Fax: 519-776-6102.
Email: nmackenzie@wehealthunit.org
- **Sue Kocela**, Manager, Family Health, 0 to age 6 issues, ext. 1341.
Email: skocela@wehealthunit.org
- **Theresa Marentette**, Manager, School Health, School-Age Issues, ext 1261.
Email - tmarentette@wehealthunit.org
- In lieu of a manager, please contact **Liz Haugh**, Director of Health Promotion, ext. 1233.

KEY PROGRAMS/PROJECTS

- *Bicycle Safety and Helmet Use*
- *Falls Prevention*
- *"Are You in Jeopardy?"*
- *Road Safety*
- *Drinking and Driving*
- *Car Seats*
- *Seatbelts*
- *Children, infant and preschool safety issues*
- *Traffic Safety*
- *Kiss'n'Ride*
- *Youth and Aggressive Driving*
- *Booster seat use*
- *Injury Prevention Content in school newsletters, announcements*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Neil MacKenzie**, Manager, Chronic Disease & Injury Prevention, Adult Issues, ext. 3101, Fax: 519-776-6102.
Email: nmackenzie@wehealthunit.org
- **Theresa Marentette**, Manager, School Health, ext 1261
Email - tmarentette@wehealthunit.org
- **Dan Sibley**, Tobacco Program Coordinator, ext. 3215.
Email: dsibley@wehealthunit.org
- **Judy Palesh**, PHN, Substance Misuse, ext. 3138.
Email: jpalesh@wehealthunit.org

KEY PROGRAMS/PROJECTS

- *Committee to End the Misuse of Substances in Essex County (CEASE)*
- *Drug Awareness Week activities*
- *Community presentations/displays and community resource development*
- *Alcohol and Chronic Disease prevention awareness project*
- *Straight UP, The Truth About Alcohol and Health*
- *Steroid Use Prevention*
- *Awareness and Education Campaign for students in high schools and population visiting fitness facilities*
- *University of Windsor Binge Drinking Campaign*
- *Don't be that Guy*
- *Don't be that Girl*
- *Strengthening Family Program for a-risk families with teens*
- *Campus Alcohol Policy review and/or development*
- *Municipal Alcohol Policy review and/or development*
- *Coalition website maintenance*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

York Region Health Services (CE)

50 High Tech Road, Richmond Hill, ON, L4B 4N7

Tel: 905-762-1282 ■ 1-800-361-5653 ■ Fax: 905-762-2091

Web Site: www.york.ca

Medical Officer of Health: Dr. Karim Kurji

INJURY PREVENTION

CONTACTS

- **Loretta Bernard**, Manager, Injury Prevention Team, ext. 4810.
- **Kathy Markun**, Road Safety, ext. 4613. Fax: 905-762 2091. Email: Kathy.markun@york.ca.
- **Cindy O'Keefe**, (Lead) Childhood and Recreational, ext. 4647.
- **Allison Bailey**, (Lead) Road Safety, ext. 4809.
- **Zahra Kassam**, (Lead) Seniors Falls Prevention, ext. 4602.

KEY PROGRAMS/PROJECTS

- *Bicycle Safety*
- *Falls Prevention Workshops*
- *Displays & Resources*
- *Falls Prevention Clinics*
- *S.A.F.F.E. Falls and fire safety workshop in collaboration with 6 Municipal Fire Departments*
- *F.I.T.*
- *Car Seat Safety including workshops, clinics, displays and resources*
- *Pedestrian safety, workshops and resources*
- *Older Drivers and Road Safety Program (All workshops and resources are available in Chinese and English)*
- *Keeping YorKids Safe. Targeting parents and caregivers of children 0-6 yrs re: poisoning, choking and strangulation, scalds and burns, drowning and falls*
- *Safety House*
- *Risk Watch*
- *Think First for Kids*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

SUBSTANCE MISUSE PREVENTION

CONTACTS

- **Wendy Kirkos**, Manager, Substance Misuse Prevention, ext. 4674
Email: wendy.kirkos@york.ca
- **Alison Gomes**, PHN, Healthy Lifestyle Division, ext. 4851
Email: alison.gomes@york.ca

KEY PROGRAMS/PROJECTS

- *ARAPO*
- *Party in the Right Spirit*
- *Responsible Drinking and Home Hosting*
- *Provide workshops, displays, and resource*
- *Work with schools in a Comprehensive School Health approach that includes: students, parents, teachers, administrators*
- *Municipal and Workplace Alcohol Policy*
- *Advocacy and consultation*
- *Training/Education/Consultation*
- *SA Curriculum Support. Provide curriculum resources and consultation*
- *Teacher and Administrator Training*
- *Substance use trends and intervention strategies*
- *S.A.P. Advisory Committees*
- *Drug Awareness Week*
- *Parenting workshops*
- *Substance use in the workplace*

RECENT/UPCOMING INITIATIVES

Please contact Health Unit directly.

Main and Branch Offices of Public Health Units

ALGOMA PUBLIC HEALTH

99 Foster Drive, 6th Fr, Civic Center, Sault Ste. Marie, ON, P6A 5X6
Tel: 705-759-5287; Fax: 705-759-1534

Web Site: www.algomapublichealth.com

Medical Officer of Health: Dr. Allan Northan

- Blind River Medical Centre, 9B Lawton St., P.O. Box 194, Blind River, ON, P0R 1B0. Tel: 705-356-2551
- Algo Centre, 151 Ontario Ave., Elliott Lake, ON, P5A 2T2. Tel: 705-848-2314
- 186 East Street, Sault Ste. Marie, ON, P6A 2C6. Tel: 705-759-3935
- 126 Queen Street East, #101, Sault Ste. Marie, ON, P6A 2C6. Tel: 705-942-0542
- 63 East Street, Sault Ste. Marie, ON, P6A 3C4. Tel: 705.759.1844
- 18 Ganley St., Wawa, ON, P0F 1K0. Tel: 705-856-7208

BRANT COUNTY HEALTH UNIT

194 Terrace Hill Street, Brantford, ON, N3R 1G7
Tel: 519-753-4937; Fax: 519-753-2140

Web Site: www.bchu.org

Medical Officer of Health: Dr. Malcolm Lock

CHATHAM-KENT PUBLIC HEALTH UNIT

435 Grand Avenue West, P.O. Box 1136, Chatham, ON, N7M 5L8
Tel: 519-352-7270; Fax: 519-352-2166

Web Site: www.chatham-kent.ca

Acting Medical Officer of Health: Dr. David Colbey

DURHAM REGION HEALTH DEPARTMENT

Street Address: 605 Rossland Road East, Level 2, Whitby, ON
Mailing Address: P.O. Box 730, Whitby, ON, L1N 0B2
Tel: 1-800-841-2729; Fax: 905-666-6214

Web Site: www.region.durham.on.ca

Commissioner/Medical Officer of Health: Dr. Robert Kyle

- Port Perry, North Office, 181 Perry St., Suite 200, Port Perry, ON, L9L 1B8. Tel: 905-985-4889; Fax: 905-982-0840

EASTERN ONTARIO HEALTH UNIT

1000 Pitt Street, Cornwall, ON, K6J 5T1
Tel: 613-933-1375; Fax: 613-933-7930

Web Site: www.eohu.ca

Medical Officer of Health: Dr. Paul Roumeliotis

- 134 Main St. East, Suite 301, Hawkesbury, ON, K6A 1A3. Tel: 613-632-4355; Fax: 613-632-4171

- 60 Anik St., Unit 2, Alexandria, ON, K0C 1A0. Tel: 613-525-1112; Fax: 613-525-2603
- 457 Main St. East, P.O. Box 616, Winchester, ON, K0C 2K0. Tel: 613-774-2739; Fax: 613-774-4079
- 787 Principale St., P.O. Box 338, Casselman, ON, K0A 1M0. Tel: 613-764-2841; Fax: 613-764-0264.
- 2884 Chamberland St., Unit 2, 2nd Floor, Rockland, ON, K4K 1M6. Tel: 613-446-1400; Fax: 613-446-1454.

ELGIN ST. THOMAS PUBLIC HEALTH

99 Edward Street, St. Thomas, ON, N5P 1Y8
Tel: 519-631-9900, Voicemail: 519-631-3159
Toll Free: 1-800-922-0096; Fax: 519-633-0468

Web Site: www.elginhealth.on.ca

Acting Medical Officer of Health: Dr. Frank Warsh

GREY BRUCE HEALTH UNIT

101 17th St. East, Owen Sound, ON, N4K 0A5
Tel: 519-376-9420; Fax: 519-376-0605

Web Site: www.publichealthgreybruce.on.ca

Medical Officer of Health: Dr. Hazel Lynn

- P.O. Box 248, 30 Park St., Walkerton, ON, N0G 2V0. Tel: 519-881-1920; Fax: 519-881-3920

HALDIMAND-NORFOLK HEALTH UNIT

12 Gilbertson Drive, P.O. Box 247, Simcoe, ON, N3Y 4L1
Tel: 519-426-6170; Fax: 519-426-9974

Web Site: www.hnhu.org

Acting Medical Officer of Health: Dr. Malcolm Lock

- 282 Argyle Street South, Caledonia, ON, N3W 1K7. Tel: 905-318-5367; Fax: 905-765-8905

HALIBURTON-KAWARTHA-PINE RIDGE DISTRICT HEALTH UNIT

200 Rose Glen Road, Port Hope, ON, L1A 3V6
Tel: 1-866-888-4577; Fax: 905-885-9551

Web Site: www.hkpr.on.ca

Medical Officer of Health: Dr. Lynn Noseworthy

- 35 Alice St., Box 127, Brighton, ON, K0K 1H0. Tel: 613-475-0933; Fax: 613-475-1455
- 22 Doxsee Ave. S., Box 449, Campbellford, ON, K0L 1L0. Tel: 705-653-1550; Fax: 705-653-3114
- 108 Angeline St. S., Lindsay, ON, K9V 3L5. Tel: 705-324-3569; Fax: 705-324-0455
- Box 570, 191 Highland Street, Unit 301, Haliburton, ON, K0M 1S0. Tel: 705-457-1391; Fax: 705-457-1336

HALTON REGION HEALTH DEPARTMENT

1151 Bronte Road, Oakville, ON, L6M 3L1
Tel: 905-825-6000; Toll-free: 866-442-5866; Fax: 905-825-8588
Web Site: www.halton.ca

Medical Officer of Health: Dr. Robert Nosal

- AIDS, STD and Sexual Health Clinic Services, Lakeside Shopping Village, 5353 Lakeshore Road, Unit #2, Burlington, ON, L7L 1C8. Tel: 905-825-6065; Fax: 905-333-0971
- 93 Main St., Georgetown, ON, L7G 3E5. Tel: 905-877-2238; Fax: 905-877-4776
- North Halton Mental Health Clinic, Community Mental Health & Partners, 217 Main St. East, Towne Square, Milton, ON, L9T 1N9. Tel: 905-693-4240; Fax: 905-693-0596

HAMILTON PUBLIC HEALTH SERVICES

77 James St. North, Hamilton, ON, L8R 2K3.
Tel: 905-546-2424; Fax: 905-546-3658
Web Site: www.hamilton.ca/publichealth

Medical Officer of Health: Dr. Elizabeth Richardson

HASTINGS & PRINCE EDWARD COUNTIES HEALTH UNIT

179 North Park Street, Belleville, ON, K8P 4P1
Tel: 613-966-5500; Fax: 613-966-9418
Web Site: www.hpechu.on.ca

Medical Officer of Health: Dr. R. Schabas

- 1 Manor Lane, Unit 1, P.O. Box 99, Bancroft, ON, K0L 1C0. Tel: 613-332-4555; Fax: 613-332-5418
- 108 Russell St. N., P.O. Box 740, Madoc, ON, K0K 2K0. Tel: 613-473-4247; Fax: 613-473-2320
- 74A King St., P.O. Box 1080, Picton, ON, K0K 2T0. Tel: 613-476-7471; Fax: 613-476-2919
- 499 Dundas St. W., Trenton, ON, K8V 6C4. Tel: 613-394-4831; Fax: 613-965-6535

HURON COUNTY HEALTH UNIT

Huron Health & Library Complex, R.R. # 5, 77722B London Road, Clinton, ON, N0M 1L0
Tel: 519-482-3416; Fax: 519-482-7820
Web Site: www.huroncounty.ca/healthunit

Acting Medical Officer of Health: Dr. Graham Pollett

- 270 Carling Terrace, Wingham, ON, N0G 2W0. Tel: 519-357-4993

KINGSTON, FRONTENAC & LENNOX and ADDINGTON HEALTH UNIT

221 Portsmouth Avenue, Kingston, ON, K7M 1V5
Tel: 613-549-1232; Toll-free: 1-800-267-7875; Fax: 613-549-7896
Web Site: www.kflapublichealth.ca

Medical Officer of Health: Dr. Ian Gemmill

- 41 Dundas St., Napanee, ON, K7R 1Z5. Tel: 613-354-3357; Fax: 613-354-6267
- P.O. Box 149, Sharbot Lake, ON, K0H 2P0. Tel: 613-279-2151; Fax: 613-279-3997

- P.O. Box 59, Cloyne, ON, K0H 1K0. Tel: 613-336-8989; Fax: 613-336-0522.
- 6 Montreal St., Kingston, ON, K7L 3G6. Tel: 613-549-1440; Fax: 613-549-7986.

COUNTY OF LAMBTON COMMUNITY HEALTH SERVICES DEPT

160 Exmouth Street, Point Edward, ON, N7T 7Z6.
Tel: 519-383-8331; Toll-free: 1-800-667-1839; Fax: 519-383-7092
Web Site: www.lambtonhealth.on.ca

Acting Medical Officer of Health: Dr. Christopher Greensmith

- 50 King St. W., Forest, ON, N0N 1J0. Tel: 519-786-2148; Fax: 519-786-2149
- 150 N. Christina Street, Sarnia, ON, N7T 8H3. Tel: 519-344-2057; Toll-free: 1-800-387-2882; Fax: 519-344-2025

LEEDS, GRENVILLE & LANARK DISTRICT HEALTH UNIT

458 Laurier Boulevard, Brockville, ON, K6V 7A3.
Tel: 613-345-5685; Fax: 613-345-2879
Web Site: www.healthunit.org

Medical Officer of Health: Dr. Anne Carter

- 79 Spring St., Unit 3, Almonte, ON, K0A 1A0. Tel: 613-256-1203; Fax: 613-256-1217
- 375 William St. S., Suite 200, Gananoque, ON, K7G 1T2. Tel: 613-382-4231; Fax: 613-382-7599
- Box 343 Concession Rd., Kemptville, ON, K0G 1J0. Tel: 613-258-5941; Fax: 613-258-1407
- 52 Abbott Street N., Unit 2, Smiths Falls, ON, K7A 1W3. Tel: 613-283-2740; Fax: 613-283-1679

MIDDLESEX-LONDON HEALTH UNIT

50 King Street, London, ON, N6A 5L7.
Tel: 519-663-5317; Fax: 519-663-9276
Web Site: www.healthunit.com

Medical Officer of Health: Dr. Graham Pollett

REGIONAL NIAGARA PUBLIC HEALTH DEPARTMENT

2201 St. David's Road, P.O. Box 1042, Thorold, ON, L2V 4T7.
Tel: 905-688-8248; Toll-free: 1-800-263-7248; Fax: 905-682-3901
Web Site: www.niagararegion.ca

Medical Officer of Health: Dr. Robin Williams

- 540 King St., Welland, ON, L3B 3L3. Tel: 905-735-5697; Fax: 905-735-4895
- 5710 Kitchener St., Niagara Falls, ON, L2G 1C1. Tel: 905-356-1538; Fax: 905-356-7377
- 43 Hagey St., Fort Erie, ON, L2A 1W4. Tel: 905-871-6513; Fax: 905-871-3020
- 277 Welland Ave., St. Catharines, ON, L2R 6P7. Tel: 905-688-3817; Fax: 905-688-6063

NORTH BAY-PARRY SOUND DISTRICT HEALTH UNIT

681 Commercial Street, North Bay, ON, P1B 4E7
Tel: 705-474-1400; Toll-free: 1-800-563-2808; Fax: 705-474-8252

Web Site: www.healthunit.biz

Medical Officer of Health: Dr. Catherine Whiting

- 70 Joseph Street, Unit 302, Parry Sound, ON P2A 2G5.
Tel: 705-746-5801; Fax: 705-746-2711
- 17 Copeland Street, Box 484, Burk's Falls, ON, P0A 1C0.
Tel: 705-382-2018; Fax: 705-382-2931

NORTHWESTERN HEALTH UNIT

21 Wolsley Street, Kenora, ON, P9N 3W7.
Tel: 807-468-3147; Toll-free: 1-800-830-5978; Fax: 807-468-4970

Web Site: www.nwhu.on.ca

Acting Medical Officer of Health: Dr. Nancy Cameron

- 3 Anne St., Box 208, Pickle Lake, ON, P0V 3A0.
Tel: 807-928-2234; Fax: 807-928-2584
- 210 Atwood Ave., Box 36, Rainy River, ON, P0W 1L0.
Tel: 807-852-3268; Fax: 807-852-3015
- 234 Howey St., Box 414, Red Lake, ON, P0V 2M0.
Tel: 807-727-2626; Fax: 807-727-3001
- 47B Front Street, Box 276, Sioux Lookout, ON, P8T 1A3.
Tel: 807-737-2292; Fax: 807-737-3711
- 115 Main St., Box 1317, Atikokan, ON, P0T 1C0.
Tel: 807-597-6871; Fax: 807-597-5217
- 25 Spruce St., Box 688, Ear Falls, ON, P0V 1T0.
Tel: 807-222-3098; Fax: 807-222-3324
- 76 Front St., Box 539, Emo, ON, P0W 1E0.
Tel: 807-482-2211; Fax: 807-482-1678
- 396 Scott St., Fort Frances, ON, P9A 1G9.
Tel: 807-274-9827; Fax: 807-274-0779
- Corner Hwy. 599 and 17, Box 420, Ignace, ON, P0T 1T0.
Tel: 807-934-2236; Fax: 807-934-2879
- 75D Van Horne Ave., Dryden, ON, P8N 2B2.
Tel: 807-223-3301; Fax: 807-223-5754
- 84B Spruce St., Box 237, Vermillion Bay, P0V 2V0.
Tel: 807-227-2088
- P.O. Box 246, Sioux Narrows, ON, P0X 1N0.
Tel: 807-226-9626

OTTAWA PUBLIC HEALTH

100 Constellation Crescent, Ottawa, ON, K2G 6J8.
Tel: 613-580-6744; Fax: 613-580-9641

Web Site: ottawa.ca/health

Medical Officer of Health: Dr. Isra Levy

OXFORD COUNTY PUBLIC HEALTH

410 Buller Street, Woodstock, ON, N4S 4N2.
Tel: 519-539-9800; Fax: 519-539-6206

Web Site: www.county.oxford.on.ca/healthservices/ocbh

Acting Medical Officer of Health: Dr. Jeff Nichols

PEEL PUBLIC HEALTH

44 Peel Centre Drive, 4th Floor, Brampton, ON, L6T 4B5.
Tel: 905-799-7700; Fax: 905-789-1604

Web Site: www.peelregion.ca

Medical Officer of Health: Dr. David Mowat

- 9445 Airport Road, Brampton, ON, L6S 4J3.
Tel: 905-791-7800; Fax: 905-458-5158
- 55 Standish Court, Mississauga, ON, L5R 4B2.
Tel: 905-791-7800; Fax: 905-501-0305

PERTH DISTRICT HEALTH UNIT

653 West Gore Street, Stratford, ON, N5A 1L4.
Tel: 519-271-7600; Fax: 519-271-2195

Web Site: www.pdhu.on.ca

Medical Officer of Health: Dr. Miriam Klassen

- 570 Main St. West, Listowel, ON, N4W 1A8.
Tel: 519-291-2812; Fax: 519-291-6914

PETERBOROUGH COUNTY-CITY HEALTH UNIT

10 Hospital Drive, Peterborough, ON, K9J 8M1.
Tel: 705-743-1000; Fax: 705-743-2897

Web Site: www.pcchu.ca

Medical Officer of Health: Dr. Rosana Tellizzari

- Second location – IP/SAP, 150 O'Carroll Ave.,
Peterborough, ON, K9H 4V3.
Tel: 705-743-1000

PORCUPINE HEALTH UNIT

169 Pine Street South, Timmins, ON, P4N 2K3.
Tel: 705-267-118; Fax: 705-264-3980

Web Site: www.porcupinehu.on.ca

Acting Medical Officer of Health: Dr. Dennis Hong

- Box 550, Cochrane, ON, P0L 1C0.
Tel: 705-272-3394; Fax: 705-272-4996
- Box 2470, Hearst, ON, P0L 1N0.
Tel: 705-362-4854; Fax: 519-362-7462
- Box 127, Hornepayne, P0M 1Z0.
Tel: 807-868-2091; Fax: 807-868-2225
- Box 575, Iroquois Falls, ON, P0K 1G0
Tel: 705-232-4084; Fax: 705-232-8845
- 4 Ash St., Kapuskasing, ON, P5N 2C8
Tel: 705-335-6101; Fax: 705-337-1895
- Box 490, Matheson, ON, P0K 1N0
Tel: 705-273-2954; Fax: 705-273-2522
- 730 Moosonee, P0L 1Y0.
Tel: 705-336-2294; Fax: 705-336-2919
- Box 388, Smooth Rock Falls, ON, P0L 2B0.
Tel: 705-338-2654; Fax: 705-338-2250

Directory of Public Health Contacts 2009

RENFREW COUNTY & DISTRICT HEALTH UNIT

7 International Drive, Pembroke, ON, K8A 6W5
Tel: 613-732-3629; Toll free: 1-800-267-1097; Fax: 613-735-3067
Web Site: www.rcdhu.com
Medical Officer of Health: Dr. Michael Corriveau

SIMCOE MUSKOKA DISTRICT HEALTH UNIT

15 Sperling Drive, Barrie, ON, L4M 6K9.
Tel: 705-721-7330; Fax: 705-721-1495
Web Site: www.simcoemuskokakealth.org
Medical Officer of Health: Dr. Charles Gardner

- 1156 Saint Andrews Dr., Box 626, Midland, ON, L4R 4L3.
Tel: 705-526-9324; Fax: 705-526-1513
- 280 Pretty River Parkway, Collingwood, ON, L9Y 4J5.
Tel: 705-445-0804; Fax: 705-445-6498
- 2-25 King St. South, Cookstown, ON, L0L 1L0.
Tel: 705-458-1103; Fax: 705-458-0105
- 12-575 West St. S., Orillia, ON, L3V 7N6.
Tel: 705-325-9565; Fax: 705-325-2091
- 34 Chaffey Street, Huntsville, ON, P1H 1K1
Tel: (705) 789-7245; Fax (705)789-7245
- 5 Pineridge Gate, Gravenhurst, ON, P1P 1Z3
Tel: (705) 684-9090; Fax: (705)684-9959

SUDBURY & DISTRICT HEALTH UNIT

1300 Paris Street, Sudbury, ON, P3E 3A3.
Tel: 705-522-9200; Fax: 705-522-5182
Web Site: www.sdhu.com
Medical Officer of Health: Dr. Penny Sutcliffe

- 101 Rue Pine Street E., Box/Boîte 485, Chapleau, ON, P0M 1K0.
Tel: 705-864-1610; Fax: 705-864-0820
- Espanola Mall, 800 rue Centre Street, Unit/Unité 100 C
Espanola, ON, P5E 1J3.
Tel: 705-222-9202; Fax: 705-869-5583
- 6163 Highway/Route 542., Box/Boîte 87, Mindemoya, ON,
P0P 1S0.
Tel: 705-377-4774; Fax: 705- 377-5580
- 1 rue King Street, Box/Boîte 58, St. Charles, ON, P0M 2W0.
Tel: 705-222-9201 ; Fax: 705-867-0474

THUNDER BAY DISTRICT HEALTH UNIT

999 Balmoral Street, Thunder Bay, ON, P7B 6E7
Tel: 807-625-5900; Toll-free: 1-888-294-6630; Fax: 807-623-8664
Web Site: www.tbdhu.com
Medical Officer of Health: Dr. Sam Graham

- P.O. Box 1360, 510 Hogarth Ave. W., Geraldton, ON, P0T 1M0.
Tel: 807-854-0454; Fax: 807-854-1871
- P.O. Box 384, Marathon Library Bldg, Lower Level, 24 Peninsula
Rd., Marathon, ON, P0T 2E0.
Tel: 807-229-1820; Fax: 807-229-3356
- P.O. Box 15, Nipigon District Memorial Hospital, 125 Hogan Rd.,
Nipigon, ON, P0T 2J0.

Tel: 807-887-3031/2908; Fax: 807-887-3489

- P.O. Box 385, Manitouwadge Health Care Centre, 1 Health Care
Crescent, Manitouwadge, ON, P0T 2C0.
Tel: 807-826-4061; Fax: 807-826-4993
- P.O. Box 698, 501 Scotia St., Jack Stokes Medical Bldg.
Schreiber, ON, P0T 2S0.
Tel: 807-824-2413; Fax: 807-824-2349.

TIMISKAMING HEALTH UNIT

421 Shepherdson Road,, New Liskeard, ON, P0J 1P0
Tel: 705-647-4305; Fax: 705-647-5779
Web Site: www.timiskaminghu.com
Acting Medical Officer of Health: Dr. Pat Logan

- 31 Station Rd, Kirkland Lake, ON, P2N 3M6.
Tel: 705-567-9355; Fax: 705-567-5476
- 81 Fifth Street, Englehart, ON, P0J 1H0.
Tel: 705-544-2221; Fax: 705-544-8698

TORONTO PUBLIC HEALTH

277 Victoria Street, 5th Floor, Toronto, ON, M5B 1W2.
Tel: 416-392-7401 Fax: 416-392-0713
Web Site: www.toronto.ca/health
Dr. David McKeown, Medical Officer of Health
Offices with Injury Prevention/Substance Abuse Prevention staff:

- 1530 Markham Rd, Ste. 600, Scarborough, ON, M1B 3G4.
Tel: 416-338-7420; Fax: 416-338-6299
- 850 Coxwell Ave., Toronto, ON, M4C 5R1.
Tel: 416-397-4777; Fax: 416-397-4778
- 399 The West Mall, Etobicoke, ON, M9C 2Y2.
Tel: 416-338-1514; Fax: 416-338-1780
- 524 Oakwood Ave., Toronto, ON, M6E 2X1.
Tel: 416-338-7420; Fax: 416-338-7330

REGION OF WATERLOO PUBLIC HEALTH

P.O. Box 1633, 99 Regina St. South, 3rd Floor, Waterloo, ON, N2J 4V3.
Tel: 519-883-2008; Fax: 519-883-2226
Web Site: www.region.waterloo.on.ca
Medical Officer of Health: Dr. Liana Nolan

- 150 Main St., 2nd Floor, Cambridge, ON, N1R 6P9.
Tel: 519-621-6110; Fax: 519-622-5868

WELLINGTON-DUFFERIN-GUELPH PUBLIC HEALTH

474 Wellington Road, #18, Suite 100, RR # 1, Fergus, ON, N1M 2W3.
Tel: 519-846-2715; Fax: 519-843-2321
Web Site: www.wdghu.org
Acting Medical Officer of Health: Acting: Dr. Nicola Mercer

- 600 Southgate Dr., Guelph, ON, N1G 4P6.
Tel: 519-846-2715; Fax: 519-836-7215
- 20 Shelldale Cres., Shelldale Centre, Guelph, ON, N1H 1C8.
Tel: 519-846-2715; Fax: 519-829-3028
- 71 Broadway, Orangeville, ON, L9W 1K1.
Tel: 519-846-2715; Fax: 519-941-1600



- 167 Centre St. Shelburne, ON, L0N 1S0.
Tel: 519-846-2715; Fax: 519-925-3744
- 500 Whites Rd., Palmerston, ON, N0G 2P0.
Tel: 519-846-2715; Fax: 519-343-2487

WINDSOR-ESSEX COUNTY HEALTH UNIT

1005 Ouellette Avenue, Windsor, ON, N9A 4J8.

Tel: 519-258-2146; Fax: 519-258-6003

Web Site: www.wechealthunit.org

Medical Officer of Health: Dr. Allen Heimann

- 215 Talbot St. East, Leamington, ON, N8H 3X5.
Tel: 519-326-5716; Fax: 519-326-4642
- 360 Fairview Ave. West, Suite 215, Essex, ON, N8M 3G4.
Tel: 519-258-2146; Fax: 519-776-6102

YORK REGION HEALTH SERVICES

17250 Yonge Street, Newmarket, ON., L3Y 6Z1

Tel: 905-895-4511; Fax: 905-895-1231

Web Site: www.york.ca

Medical Officer of Health: Dr. Karim Kurji

- 50 High Tech Road, 2nd Floor, Richmond Hill, ON, L4B 4N7.
Tel: 905-762-1282; Fax: 905-762-2091
- 4261 Highway # 7 East, Ste B6-9, Unionville, ON, L3R 9W6.
Tel: 905-940-1333; Fax: 905-940-9872
- 22 Prospect St., Newmarket, ON, L3Y 3S9.
Tel: 905-895-4512; Fax: 905-895-7520
- The Tannery, 465 Davis Dr., Ste. 240, Newmarket, ON, L3Y2P1.
Tel: 905-895-4511; Fax: 905-895-6602
- Newmarket Health Centre, 194 Eagle Street, Newmarket, ON,
L3Y 1J6.
Tel: 905-895-2381
- York Region Administrative Building, 17250 Yonge St. 2nd Floor,
Newmarket, ON, L3Y 6Z1
Tel: 905-895-4511; Fax: 905-895-3166

CHIEF MEDICAL OFFICER OF HEALTH

David Williams, MD, MHSc, FRCPC
Chief Medical Officer of Health (A)
Public Health Division
Ministry of Health and Long-Term Care
11th Floor, Hepburn Block
80 Grosvenor Street
Toronto, Ontario, M7A 1R3