

APN Teleconference March 20

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- 1) What is the role of the Curriculum and School-Based Health Resource Centre?
- 2) What are the curriculum-based resources addressing substance use and abuse?
- 3) Tips on working with teachers, schools, and administration to address substance use and abuse prevention.

What is the role of the Curriculum and School-Based Health Resource Centre?

- To support the effective implementation of the Health and Physical Education Curriculum across Ontario.
- To support the coordination, development and/or implementation of curriculum and school-based programming and communications in various risk factor and health promotion topic areas.
- All aspects of Resource Centre work are developed in consultation with OHPRS and other appropriate partners and “issue-experts”. For this reason, partnership-building activities are critical to develop and support the implementation of Resource Centre initiatives.

Ophea's Curriculum and School-Based Health Resource Centre

ISSUE-SPECIFIC INITIATIVES

Supports to assist educators in addressing key chronic disease prevention and health promotion issues in the school setting (Asthma, Diabetes, etc.)

RISK-FACTOR INITIATIVES

Current supplementary curriculum and school-based supports to assist educators in addressing key risk factors

Physical Inactivity

Poor Nutrition

Tobacco

Alcohol & Substance

HEALTH AND PHYSICAL EDUCATION CURRICULUM IMPLEMENTATION SUPPORT

Core supports to assist educators to implement the Ontario Health and Physical Education Curriculum

HPE Curriculum Implementation Support is the foundation of Resource Centre Mandate and Function



What are the Curriculum-Based Resources addressing Substance Use and Abuse?

Tobacco:



Alcohol and Other Drugs:

The Take Action Initiative

ACTION

Lungs Are For Life and The Take Action Initiative

Both Curriculum Based Resources:

- Meet the Ministry of Health Mandatory Guidelines
- Based upon Comprehensive School Health
- Build upon the work on the core H&PE documents



✓ Lungs Are For Life

- Available in French and English
- K-12
- Revisions completed in Summer 2002
- Master Trainers available in all 7 OHPRS Regions

✓ The Take Action Initiative

- Currently ACTION 7&8 available
- Take Action Kindergarten field tested in Fall 02
- Take Action Grades 1-3 development started Fall 02 – Review process complete
- Future plans include addressing grades 4-6

Tips on Working with Teachers and Schools

- Assess the perceived need
- Determine what resources may help meet the need
- Establish whether community resources have been explored (FOCUS groups, local CAMH staff)
- Order (and provide brief training) on curriculum-based substance use and abuse resource(s)
- Remember that teachers are not necessarily experts on how to address substance use and abuse
- **CAMH's website notes that an area of their web page with heavy traffic provides tips to teachers on how to address substance use and abuse
- Help recommend time to address the topic (National Non-Smoking Week, World No Tobacco Day, Drug Awareness Week)
- Visit www.ophea.net to view other available resources

