



Orientation to Ontario's Substance Abuse Prevention Field



Alcohol Policy Network
FOCUS Resource Centre
Ontario Drug Awareness Partnership

AGENDA

- 9h30 - Welcome
- 9h40 - Overview of SAP Field
Survival Tips
- 10h00 - Q & A
- 10h10 Web Tour
- 10h40 Evaluation
- 10h45 Closing



The SAP Field at a Glance



- We are energetic, committed individuals ...
- from diverse backgrounds, disciplines and professions ...
- working in large, diverse regions ...
- to reduce and prevent complex social problems ...
- with few resources and supports ...
- but lots of great ideas!

Our Not-so-Lonely Planet

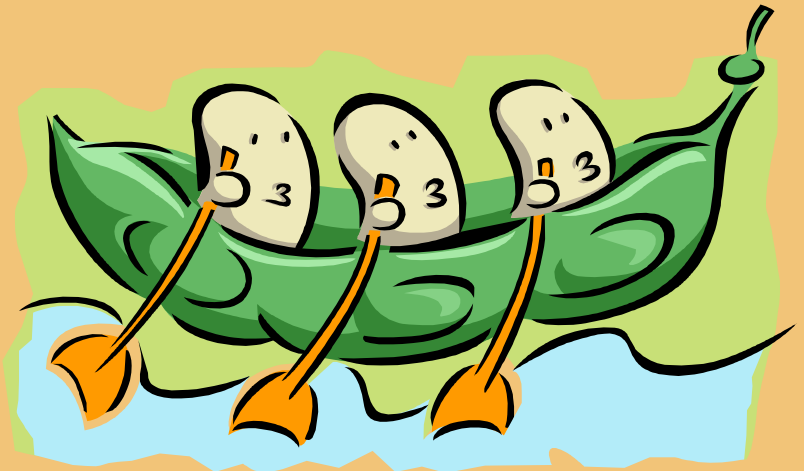
- Centre for Addiction and Mental Health
- Public Health Units
- Provincial groups funded by MoHLTC
 - APN, ODAP, PAD, ARAPO, CODA
 - FOCUS RC & Projects
- Canadian Centre on Substance Abuse
- Community-based groups/programs
 - Impaired driving
 - AOD-related birth defects
- Government



Survival Tip #1

Nobody's born an expert!

- Effective substance abuse prevention requires a sound understanding of health promotion, policy development, program planning, media advocacy, community development and more.
- Getting oriented to a new job takes time.
- There are tons of good resources and supports out there.



Do-it-Yourself Tool Kit

Sample Contents

- List of Commonly Used Acronyms
- Canadian Profile / Ontario Profile
- Guide to Online Statistics



- Key Newsletters & E-bulletins
- CAMH Best Advice & Materials
- Low-Risk Drinking Guidelines FAQs
- MADD Report Card
- Government Publications

Survival Tip #2

Get to know the OHPRS

- 14 resource centres and 7 provincial programs supporting health promotion professionals across Ontario with free or low-cost:
 - Information & resources
 - Education & training
 - Consulting & mentoring
 - Networking & referral



Who's a member of OHPRS?

<http://www.ohprs.ca/>

- Alcohol Policy Network
- Association to Reduce Alcohol Promotion in Ontario
- Best Start Resource Centre
- Council On Drug Abuse
- Consumer Health Information Service
- FOCUS Resource Centre
- Heart Health Resource Centre
- Healthy Communities Coalition
- National Clearinghouse on Tobacco and Health
- Nutrition Resource Centre
- Ontario Drug Awareness Partnership
- Ontario Healthy Communities Coalition
- Ontario Prevention Clearinghouse
- Ontario Physical and Health Education Association
- Ontario Self-Help Network
- Ontario Tobacco Free Network
- Program Training and Consultation Centre
- Smoking and Health Action Foundation
- Ontario Self-Help Network
- Parents Against Drugs
- The Health Communication Unit at the Centre for Health Promotion



Survival Tip #3

Connect with colleagues

- Directory of SA/IP Contacts
- APOLNET Listserv
- FOCUS Discussion Board
- Regional/Local Groups
- Key Contacts Database
- AOD Events Calendar
- Newbie Network



Survival Tip #4

Build on what others have done ...

- Research & Best Practices

- APN & FRC Websites; CAMH Materials

- “How to” Resources

- ODAP Survivor Challenge; ARAPO Educators’ Kit; THCU Guides

- Sample Materials

- AEM Database; Sample Policy Collection

- Training & Networking Opportunities

- Summer Institutes; Provincial Conferences, OHPRS Workshops



... and let others learn from you.

Survival Tip #5

Get online!

- FOCUS Resource Centre
<http://www.frcentre.net/>
- Alcohol Policy Network
<http://www.apolnet.org/>
- Ontario Drug Awareness Partnership
<http://sano.camh.net/odap>

