

# Working with Pregnant First Nations Women on Substance Use Issues

Monday October 24, 2005  
2:00 – 3:30 PM Eastern Time

Last Day to Register: Monday October 17, 2005

**Teleconference Description:** This teleconference is designed for service providers that work with pregnant First Nations women who may have substance use issues. It will share information about the underlying factors for substance use in First Nations communities, as well as strategies that are effective in engaging and caring for pregnant First Nations women who use substances. It will help ensure that programs and services are sensitive, respectful and effective for First Nations communities.

**This teleconference will help you:**

1. Understand the reasons for substance use in First Nations populations.
2. Engage and assess the needs of pregnant First Nations women in your programs.
3. Develop or improve services for First Nations pregnant women.
4. Improve your skills in addressing substance use in pregnancy in First Nations populations.
5. Consider factors and underlying issues that are associated with substance use in pregnant First Nations women.

**Speaker:** Alita Sauvé, Trainer/Facilitator of Cultural Issues and Substance Use, First Nations Community, Toronto

**Bio:** Alita Sauvé provides culturally based services to pregnant and parenting Aboriginal women who are experiencing a variety of issues including substance use. Alita has an extensive knowledge of the unique addiction issues within the Aboriginal community, including holistic approaches, family healing, harm reduction strategies, identification and assessment of substance use, and individual and group therapeutic counseling skills. She brings a lifetime of experience in Traditional Native spirituality and culture. She is a descendant paternally and maternally of Traditional Medicine Societies. Alita is proficient in the delivery of “Ceremonial Teachings” which enhance recovery from substance use in the Aboriginal community. Alita is a skilled instructor of Native Family Life practices that focus on the life cycle of women and their ability to meet the challenges of motherhood. She is considered to be a Traditional and spiritual role model and is a Pipe Carrier.