

Alcohol: No Ordinary Commodity

“Alcohol Across the Life Span: Current Research and Practical Applications for Alcohol-Related Harm with a focus on Chronic Disease and Injury Prevention”

Directions and Parking:

The [North York Memorial Community Hall](#) (5100 Yonge Street/3 Park Home Ave.) is located on the **Yonge Subway line**, with direct access from the **North York Centre station**, located in the basement of the North York City Centre. It is 3 blocks north of Sheppard Avenue. It is also steps away from the North York Civic Centre/Mel Lastman Square. For further information, please call 416-397-0817.

[Google Map](#)

Parking:

Various parking options are available. Underground parking for the North York City Centre is available as well as plenty outdoor Green P parking spaces are available around the North York City Centre on North York Boulevard, Park Home Avenue, and Beecroft Road.

- TTC

- From Union Station – take the train indicated by the sign “Yonge Line”. All trains from Union head northbound. It takes approx. 35 minutes and you will arrive at **North York Centre** subway station.
 - Head to the “front” of the train and there is a set of stairs leading up. Go through the turnstiles and turn right. Go through the glass doors. Go up the escalator. Walk straight along the mall’s hallway almost to the end. There is an awning for the “Novotel Hotel” on your right side (North side). This will take you into the hotel lobby.
- From East/West subway stations – take the train to **Yonge station**. Take the Northbound train. Get off at the **North York Centre** subway station. Follow the indented directions above to get to the hotel.

- Driving

- From Pearson International Airport, follow Hwy 401 East.
 - Follow the signs for the **Yonge Street North** exit (Exit 369). Follow Yonge Street northbound past 6 traffic lights. Street signs will say “Empress Walk” on the right (East) and “Park Home” on the left (West). Turn left onto **Park Home Ave**. The North York City Centre is on the left. There is an entrance to the underground parking at the hotel.
- From Eastern Ontario, Ottawa or Quebec, follow Hwy 401 West to Toronto.
 - Follow the signs for the **Yonge Street North** exit (Exit 369). Follow Yonge Street northbound past 6 traffic lights. Street signs will say “Empress Walk” on the right (East) and “Park Home” on the left (West). Turn left onto **Park Home Ave**. The North York City Centre is on the left. There is an entrance to the underground parking at the hotel.
- From Niagara Falls, Buffalo, Rochester and the US Border, follow the QEW (Queen Elizabeth Way) to Toronto. Take Hwy 427 North. Take Hwy 401 East. Then follow indented instructions above.
- From North of Toronto, take either 400 South to 401 East (then follow indented instructions above), or take 404 South to 401 West (then follow indented instructions above).